

June 2021

Clarendon Primary School & Kindergarten
Celebrating National Reconciliation Week



Don't walk behind me, don't walk in front of me, just walk beside me

Isla 5 years



Community Calendar



Clarendon Community Association
General meeting

At School Library

Wednesday 23rd June 7.30pm

All welcome

Clarendon Historic Hall & Museum
Committee meeting

Wednesday 9th June 9.30am

Clarendon Rainfall Summary



May 2021 56.2 mm

Days of rain 9 days

May 2020 102 mm

Days of rain 16 days

Year to date:

Annual rainfall **2021**. 194 mm

Days of rain 31 days

Annual rainfall **2020**. 311.8 mm

Days of rain 52 days

Thank you to our very own
rain-man Bill Jared

Celebrating National Reconciliation Week

Reconciliation Australia's theme for 2021, More than a word. Reconciliation takes action, urges the reconciliation movement towards brave and more impactful action.

Reconciliation is a journey for all Australians – as individuals, families, communities, organisations and importantly as a nation. At the heart of this journey are relationships between the broader Australian community and Aboriginal and Torres Strait Island peoples.

<https://nrw.reconciliation.org.au>



The Clarendon Primary School and the Clarendon Kindergarten held their first reconciliation event at Riverbend Park last Saturday morning. This was timed to be a part of National Reconciliation Week.

The children acknowledged that we are living on Kaurna land; they spoke about how only an Aboriginal person can welcome people to their land, however we can acknowledge their land and country; they spoke about what they have been working on during the year to learn more about the Aboriginal people and their culture; they spoke about racism in our sporting community and they spoke about how we can walk together with the Aboriginal people – appreciating and accepting our differences.

Gayle from the Clarendon Kindergarten invited us to join her to a sing a Kaurna song the kindergarten children sing each day. A short play was performed by Heath and Anika about the different ways European and Aboriginal people view their worlds – through the metaphor of squares and squiggles.....

David, Principle of the Clarendon Primary School spoke about how they are committed and excited to be learning about the Kaurna culture together with the children.

You can see the banners the children have made proudly displayed on the fence at the Clarendon Primary School.

Grow Free Cart



Local residents Elisa and Paul Ridings have built a grow free cart and it is now set up at the Clarendon Community Hall.

The Grow Free concept originated in Strathalbyn and now has hundreds of carts world-wide.

The motto is "Give what you can, take what you need". This is a way to make homegrown excess food, seedlings, plants and related items free and available to whomever needs them. It is a communal place that people can place their excess knowing it will be appreciated by others.



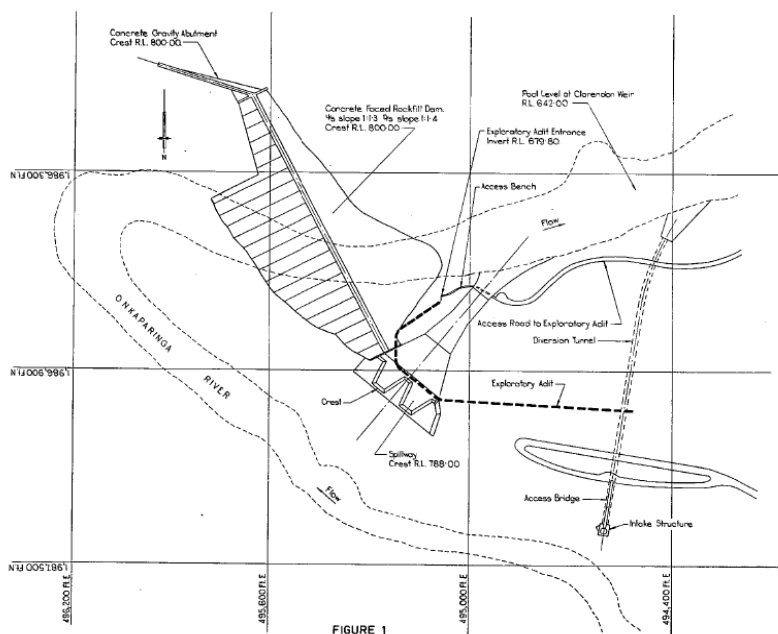
For more information visit <http://www.growfree.org.au/>

Historical Exploration for the proposed Clarendon Dam

If you have lived in Clarendon for any length of time you would have at some stage heard about the tunnel by the river. The local school children call it the **Goblins Cave**. When my children were at school it was called the **Ghost Tunnel**.

When we first came here in the early 1980's there were rail lines leading to the tunnel. These are long gone as the retaining rocks below have given way.

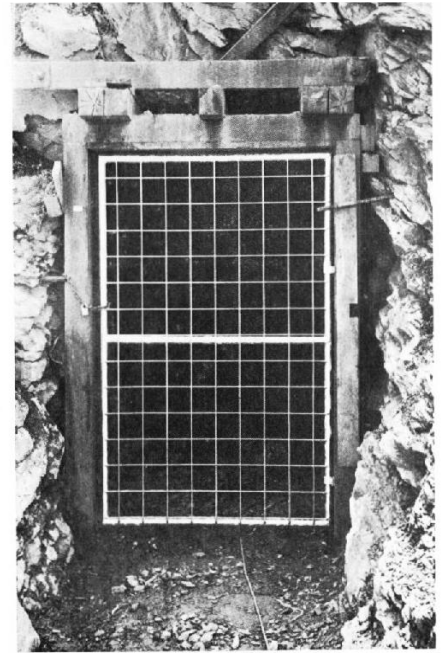
Back in the 1960's it was proposed that a new dam be built up stream from the Clarendon Weir. This would hold substantially more water than the Weir. Before the dam proposal could go ahead investigations into the rock structure were conducted. I presume this would allow proper scientific and engineering discussions around the feasibility of the dam.



In 1971 Exploration began with a tunnel dug into the side of the hill just downstream from the face of the intended new dam wall. It then turned left to bring it immediately below the proposed spillway and then ran back into the hill in a straight line. It runs for around 310 metres in total and was 1.5 metres wide and 2.2 metres high with straight walls. An access road was previously built that came within 70 metres of the tunnel entrance, so the contractor built a benching area and railway to the tunnel entrance. The spoil from the tunnel was to be laid around the intersection of the road and the benching area. Today this area is flattened out considerably.

The tunnel started at 11.5 metres above the regular water level held back by the Clarendon Weir. It dived down to a level of 44 metres below ground level.

The rock was blasted out by drilling holes that were plugged with gelignite and ammonium nitrate fuel oil. A 2ft gauge railway was built and mucking cars removed the spoil.



PHOTOGRAPH No. 1
Gate at entrance to exploratory adit.

The cars were hand pushed halfway but beyond that they were pulled by a small diesel engine locomotive. The grade was 1 in 50 and the engine could handle 5 empty trucks. Compressed air was pumped in and water for drilling and washing down the walls was pumped up from the river by a petrol driven pump.

Some of the tunnel had fractured rock that kept falling in so where there was risk of collapse 6-inch x 6 inch river red gum posts and sets were installed. There are 38 of these.

There were two ten hour shifts a day, six days a week and four men worked the day shift and three the night shift. Compressed air was pumped in and fan forced into the tunnel by a 12 inch diameter pipe. Lighting was installed and provided by a Ford 10 engine.

The tunnel was started in March 1971 and completed in August 1971. The new dam proposal was shelved.

Information, photo and map came with permission from a newsletter from SA Water and were put together by Pru Fowles.

The map shows the proposed dam, wall and spillway.

Recipe of the month from Louise of The Nourished Village

It is soup weather!

Carrots are such gems, so cheap and easy to obtain (although we don't have huge success growing them!) And if you are looking for a meal for that "Meat free Monday" or a way to get some extra veg into your (or your children's diets), soups are a great start to a meal.

A few of the nutritional benefits of this meal include:

Carrots contain iron, zinc and copper as well as vitamin C and antioxidants, all important for immune function.

As ginger is high in phytonutrients (gingerols), it is a potent antioxidant, is great at reducing inflammation and is antiviral and antibacterial. It is also great for digestive function which is needed for optimal immune function!

You might be surprised to know that parsley is a powerhouse of vitamin C too, so adding it to your meals is a great way to support your immune system as this cold weather takes hold.

Cayenne pepper is great for clearing the congestion of colds and is also contains vitamin C.

Roasted carrot soup

Serves 1-2

350-400g roasted carrot (roast 4-5 large carrots tossed in olive oil, ground cumin, ground coriander, cayenne pepper and turmeric) or spices of your choice

1-1 ½ cups of water

1 thumb size knob of ginger, grated

¼ tsp salt

Parsley, pepitas and sunflower seeds to serve.

1. Add all ingredients to a blender and blitz until a creamy consistency
2. Add water slowly and adjust to your likeness. I like mine quite thick
3. Heat soup up on stove top
4. Season with salt and pepper to taste
5. Add parsley, pepitas and sunflower seeds to serve

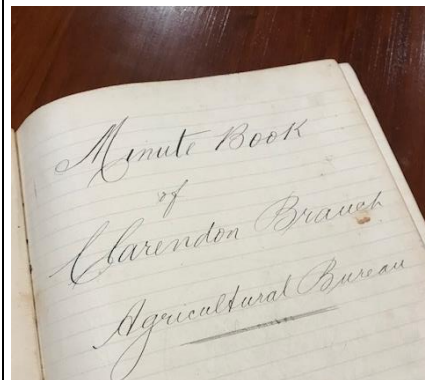
Optional extras - drizzle of olive oil, drizzle of maple syrup, coriander



The Clarendon Agricultural Bureau

The Clarendon Agricultural Bureau May 2021 meeting guest speaker was Helen Ashenden representing the Clarendon Museum.

Helen asked the question can you help us research Clarendon's History – specifically the Clarendon agricultural history?



The Clarendon Museum is undertaking a large-scale project to populate the new website with written content. With almost 175 years of history, there are many stories to write about Clarendon. Many subjects have been researched - people, buildings, events, organisations and places and this now needs to be transcribed into clear and concise copy for visitors on our website.

The members of the Clarendon Agricultural Bureau provided Helen with a broad insight into Clarendon agricultural history and the people who played their part in setting up and operating various agricultural industries. The members were able to relate many stories on the Clarendon District past and present residents.

Tony Fagg
President
Clarendon Branch of the Agricultural Bureau

SPEND A LITTLE TIME WITH YOUR NEIGHBOURS

WINTER COMMUNITY DINNER

WE WILL PROVIDE:
PLATES, CUTLERY, GLASSES, CHAIRS,
AWESOME LOCATION, WARM WELCOME
AND THE BONFIRE!

PLEASE BRING:
DINNER TO SHARE, SERVING SPOONS,
WHATEVER YOU'D LIKE TO DRINK

PETRAH 0414 267 642 PATRICK 0404 807 880
JOAN 0416 250 647 TREVOR 0407 080 580

JUN 19
4:30 PM
SATURDAY

ORCHARD & SHEDS ON APPLETREE LANE
ENTER ON THE LEFT BEFORE THE BRIDGE.
PARK ALONG APPLETREE LANE

Clarendon Bowling Club

Our best wishes are extended to Muriel Smart, a founding member of the Clarendon Ladies Bowling Club, who turned 90 on 23rd April. Muriel enjoyed celebrations and afternoon tea with 50 of her family and friends at her family home on Saturday 24th April. A well respected and valued member of the club, Muriel's many achievements include 3 times ladies singles champion and 7 times ladies pairs champion, as well as success with mixed pairs and ladies' fours. These achievements spanned 45 years and three of these titles were won as recently as only 10 years ago! Muriel also served as President, Secretary and Treasurer and was awarded life membership in 1979. Muriel now resides at Estia Health, Aberfoyle Park, and still visits the bowling club from time to time.



An idea

Clarendon Community Centre and Op-Shop

The reason

The community hall is an underutilised community asset which could be repurposed into a Community Centre and Op Shop.

Who will benefit?

The Clarendon community is comprised of many separate community groups and social demographics. Bringing these groups together by providing opportunity for them to connect and work on a common project could strengthen our community and facilitate stronger social connections.

Would you like to know more?

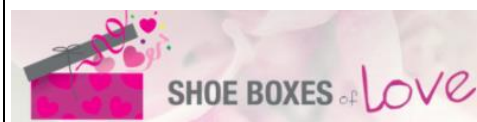
We will be presenting the business plan and more at the General Meeting on Wednesday 23rd June 2021 and you are invited to attend.

Would you like to be involved?

Have a chat to Gavin – he would love to have as many people involved as possible.

What we hope to achieve

Bring community groups closer together.
Provide a place for people, young and old to gather.
Providing a small economic return to all volunteering groups.
Choosing recycled fashion, homewares or books over new
Our aim is that 100% of the items donated to our Op Shop will be saved from landfill. If we can't sell them, we will gift them on – RSPCA, Treasure Boxes, Shoe Boxes of Love.



Hello from Clarendon CFS – April & May 2021

Incidents over April and May

Fairly quite overall. A tree down x 3 time and a motor vehicle accident

Something to think about

There have been many house fires already this year. Please be mindful of leaving heater on, candles burning and open fires. Have you changed your smoke detector battery? Smoke detectors are compulsory in all SA homes, but they are only useful if they are working! Now is a good time to replace them. Smoke detectors should be replaced every 10 years!

Do you have deadlocks or security screens on windows and doors? Do you have access to the keys in an emergency? Do you have an escape plan for your family should your house catch fire? Ensure all family members know at least 2 escape routes both in the day and especially at night.

Burning in the Open

Remember burning in the open is recommended from 12 midday until 12 midnight. Please be sure to check the council website or contact them personally to ensure you know which zone you are in and if you are able to burn without a permit. If you do fall into this category – please be sure to follow the burning requirements as some aspects of the ground are very dry despite the cool and wet weather. This link will take to the Onkaparinga Council website and the map to show which zone you are in.

For further information email

communitysafetygeneral@onkaparinga.sa.gov.au or visit www.onkaparingacity.com/firemanagement

You are always welcome

Did you know we have a Cadet Program for children from 11–18 years?

This program is run at Kangarilla CFS every Friday night from 7-9pm during the school term. Please contact me if you are interested. We are always at Clarendon CFS every Monday night (not PH) from 6.30pm and you are always welcome to see what we do. Come and learn valuable skills to protect yourself, your family, your pets and property.

Keep safe!

Sue Leslie

Brigade Captain

0423969817 sue.leslie@sacfsvolunteer.org.au

Shoba is offering Yoga

Classes here in Clarendon

At Clarendon Primary School

Tuesday 9.15am - 10.15am

Wednesday 6.00pm - 7.00pm

Friday 9.15am - 10.15am

Contact Shoba through Clarendon Community Facebook page if you would like more information



Living locally, selling locally.

Sally Jenkins

Property Consultant

0418 474 642

sallyj@harrisre.com.au

HARRIS

harrisre.com.au | B.L.A.

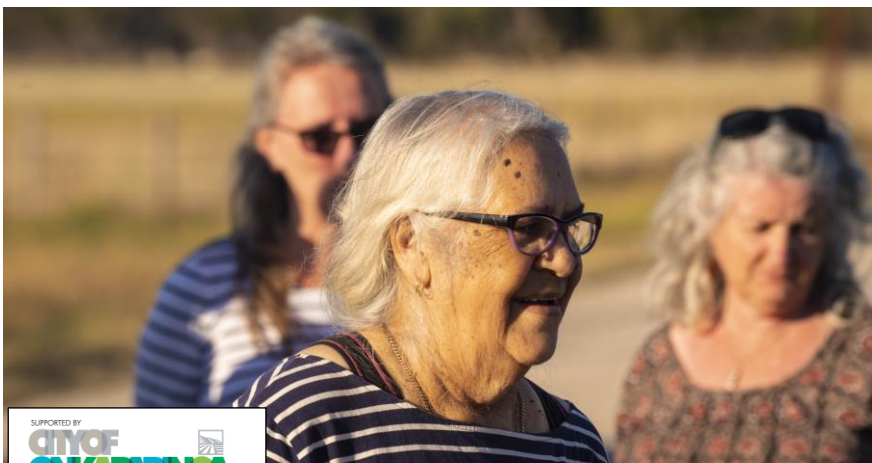


Cultural Awareness Workshop #2



We were honoured to have the opportunity to walk country with Kurna people, Corey and Buster from Southern Cultural Emersion. Kurna's Southern Cultural Tour included visiting highly significant and important Kurna sites. Throughout the day we walked country together, building a sense of connection and unpacking a shared understanding of cultural values. We discussed the impacts that are placed upon Kurna and significant sites, encouraging open and honest dialogue about developing pathways in working together for future generations.

This day reinforced the CCA's resolve to continue to work together with the Kurna People to care for Country, Community and Culture



Autumn trading hours ...



The **Clarendon General Store**

Autumn Trading Hours

Monday	8am-6pm
Tues-Fri	8.30am-5pm
Saturday	8.30am-4pm
Sunday	8.30am-12pm

The **Clarendon Hotel**

Enjoy beautiful meals, friendly service and great views from the balcony. Open 7 days a week however please check with Hayley on Public Holidays.

The **Clarendon Bakery**

All the locals know it but it is now official!

Congratulations to the Clarendon Bakery which has been crowned the best in the South. *'Clarendon Bakery takes the cake in the south, voted number one in our Delicious poll'*

Adelaide Now April 27, 2021

Emprades Vintage & Design

Open Wednesday to Sunday

10am-5pm

45 Grants Gully Road,

Clarendon

Contact Pru or Emily

8383 6217

sales@emprades.com.au

You are invited to the
Clarendon Community Association

General Meeting

Wednesday 23rd June 2021

7.30pm

at

Clarendon Primary School Library

Agenda items include:

- Constitution review
- Community Centre & second-hand shop
- Flying the Aboriginal Flag in Clarendon
- Let us celebrate Clarendon turning 175 this year



Onkaparinga
Food Security
Collaborative

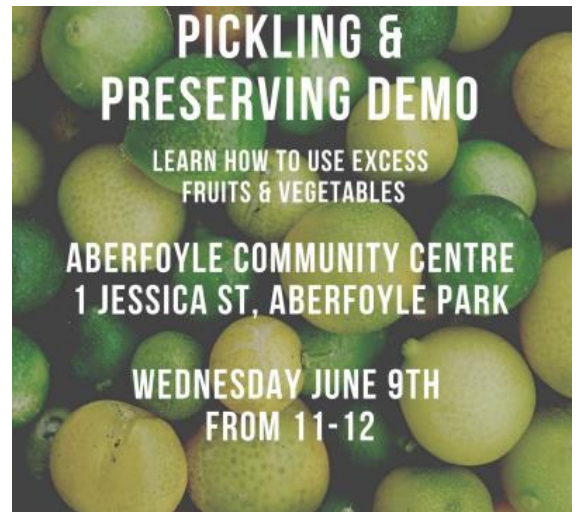


If you attended our Expos or Open week events and told us you would like more activities....We've listened to you.

Come join our free 'Encore' Pickling/Preserving Demos

We will show you how to pickle and preserve lemons, red cabbage, red onions and more.

These colourful fruits and vegetables look great in jars and even better they are a healthy and tasty addition to your meals.



DETAILS

WHEN TUESDAY 15TH JUNE 2021
TIME 6.15pm for 6.30pm start
WHERE Heathfield High School Hall
99 Longwood Rd, Heathfield
RSVP Friday 11 JUNE 2021
RSVP REQUIRED AND BOOKINGS LIMITED
heysen@parliament.sa.gov.au
8339 5077

Topics may include:

- Interconnection, electricity prices, reliability of energy, emissions.
- What are plans for current solar and battery rebates?
- What does the future of energy look like in South Australia?

Submit your questions for the Minister in advance, by email to heysen@parliament.sa.gov.au.

Suitable for ALL AGES

HON JOSH TEAGUE MP MEMBER FOR HEYSEN

10/14 DRUID AVE, STIRLING
8339 5077
HEYSEN@PARLIAMENT.SA.GOV.AU



JOSH TEAGUE MP

MEMBER FOR HEYSEN

Proudly supporting and working for the
Clarendon Community

📞 08 8339 5077

🏠 10/14 DRUID AVENUE STIRLING

✉ HEYSEN@PARLIAMENT.SA.GOV.AU



Positive Ageing Forum

Special guests Ita Buttrose, National Ambassador Dementia Australia, Ian Henschke, National Seniors Australia Chief Advocate; and Carolanne Barkla, Chief Executive of Aged Rights Advocacy Service



Carolanne Barkla



Ian Henschke

Being held Thursday
July 15, 9am-1pm
Cornerstone College
in Mount Barker



Ita Buttrose, AC, OBE



After a year of change in our society and as we face new changes in the delivery of our aged care services, I would like to invite you to my Positive Ageing Forum on Thursday, July 15, to share information, resources and ideas to celebrate positive ageing.

Bookings essential at
rebekhasharkie.com.au
or call 8398 5566



Rebekha Sharkie MP
Federal Member for Mayo

Electorate office
1/72 Gawler Street, Mount Barker SA

Rebekha.Sharkie.MP@aph.gov.au

Authorised by R. Sharkie, 1/72 Gawler Street, Mt Barker, SA 5251



Rebekha Sharkie MP
Federal Member for Mayo

Proudly supporting the Clarendon community

We are here to help!

08 8398 5566

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Mount Barker SA 5251

www.rebekhasharkie.com.au

Rebekha.Sharkie.MP@aph.gov.au

**Doing politics
differently!**



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