



**CLARENDON  
SOUTH AUSTRALIA**

**August 2021**

# Community Shop

## Is coming to Clarendon soon.....

Do you have time to volunteer or have items you would like to donate? If so, please send us a message for more information on the Facebook page.

Opening date will be announced soon.

Every donation or purchase, large or small helps our community.

Each quarter, our profits will be evenly distributed to the following participating community groups:

- o Clarendon Bowling Club
- o Clarendon C.F.S.
- o Clarendon Community Events
- o Clarendon Kindergarten
- o Clarendon Museum
- o Clarendon Primary School
- o Clarendon Netball Club
- o Clarendon Over 50's Club
- o Clarendon Tennis Club
- o Clarendon Uniting Church

## Community Calendar



### Clarendon Community Association Annual General Meeting

Tentative date

Tuesday 21<sup>st</sup> September 2021

### Clarendon Historic Hall & Museum Committee meeting

Wednesday 11<sup>th</sup> August 9.15am

## Clarendon Rainfall Summary



**July 2021** ..... 133 mm

Days of rain ..... 20 days

July 2020 ..... 39.2 mm

Days of rain ..... 15 days

### **Year to date:**

Annual rainfall **2021**. 491.4 mm

Days of rain ..... 70 days

Annual rainfall **2020**. 514.8 mm

Days of rain ..... 82 days

**Thank you to our very own  
rain-man Bill Jared**

## Climate & Food for Thought

In recent times the Clarendon Community Association has expanded its view on what is relevant to us at a local level. This includes the realisation that climate change is a global phenomenon but delivers its effects to us locally. Those effects include hotter summers, less rain, increasing risk from bushfires, shifting seasons and changes to wildlife. One example is the increasing numbers of flying foxes seen in Clarendon during summer months over the past several years. That wasn't happening a hundred years ago!

As the world around changes to shifting climate patterns, so must we. Natural systems will change, but so too will the technology that is shaped in response to climate change. By 2030, South Australia will produce enough renewable energy to meet the demand of its electricity consumers. In fact, the current State Government wants to generate renewable energy at a scale 5 times greater than normal domestic demand, in pursuit of a green hydrogen industry among other things.

Transport will be mostly electrified and coupled to technologies such as driver-less cars. That might mean that losing your driver's license in later years might not mean leaving your town and relying on public transport.

There are both challenges and opportunities in the path that lies ahead. The way we produce and consume food will be a part of that. "Food miles" will become more relevant. The carbon footprint of a perishable food item from overseas will be a price issue when carbon costs are properly brought into calculation. This will swing the pendulum back in favour of local food production.

Clarendon was once heralded as an important food bowl for the State, a position that was lost when large scale industrial farm practices took hold. However as more momentum builds towards local provenance foods, lower chemical use, regenerative farming methods and such things, Clarendon might recover some of that lost ground. Even our local food cart points in that direction. It will be interesting to see how that picture evolves over time.

The Community Association has formed a subcommittee looking at climate change and what it means for us. If you are interested in this process, please contact us via this email address [secretary@cca.clarendon.org.au](mailto:secretary@cca.clarendon.org.au)



## Grow Free Cart

Congratulations – 1 year on.....!



Local residents Elisa and Paul Ridings have built a grow free cart and it is now set up at the Clarendon Community Hall.

The Grow Free concept originated in Strathalbyn and now has hundreds of carts world-wide.

The motto is "Give what you can, take what you need". This is a way to make homegrown excess food, seedlings, plants and related items free and available to whomever needs them. It is a communal place that people can place their excess knowing it will be appreciated by others.



For more information visit <http://www.growfree.org.au/>

## Recipe of the month – thank you Louise from Nourished Village

Is there any dessert better than apple crumble in winter? It is one of my all-time favourites. The delicious combination of apples and spices like cinnamon, with a crunchy, crumbly top and a creamy addition (ice-cream, cream or yoghurt). It has all the bases covered and is such a comfort food. Perfect for the end of winter.

We are so lucky to have apples grown in our local region, so eating seasonal, locally grown, low food mile produce is good for our health, good for our economy and reduces our carbon footprint. Did you know Magarey Orchard have apples you can buy direct from them, or they supply the hub fruit bowl?

I hope you enjoy this apple crumble recipe which is free of refined sugar - unless you add ice cream ☺

### Apple crumble

Serves 4

6 apples peeled, cored and chopped into cubes (pop the skin and core into a bag in the freezer to make apple cider vinegar ..... more on this later).

1 tsp cinnamon

½ tsp all spice

½ tsp ginger

1 tsp vanilla bean paste or vanilla essence.

Add all ingredients to a pan with a splash of water and cook over low heat until apples are just soft.

Meanwhile, make the crumble

Crumble ingredients

1 cup organic rolled oats

½ cup desiccated coconut

½ cup of almonds roughly chopped

½ cup of coconut oil or organic grass-fed butter

1 tsp of cinnamon (omit this if there is too much cinnamon in the overall recipe for your taste!)

Mix all these together to form a crumble

\*\* I don't add sugar, but if you need to add a bit of sweetness, add 1 tbs of sugar to the topping, or whilst stewing the apples.

Once the apples are cooked, add them to an oven proof dish, top with crumble and cook in a moderate oven 175°C until the top is golden, approx. 25 minutes. This recipe doesn't form clumps of crumble like one with white flour and butter, but it is delicious and more nutritious!

Enjoy

My favourite side is a tbs of organic coconut yoghurt, add a lovely creamy tang!



## Winter trading hours ...



### The Clarendon General Store

Autumn Trading Hours

Monday 8am-6pm

Tues-Fri 8.30am-5pm

Saturday 8.30am-4pm Sunday  
8.30am-12pm

### The Clarendon Hotel

Enjoy beautiful meals, friendly service and great views from the balcony. Open 7 days a week however please check with Hayley on Public Holidays.

New COVID regulations mean you have to book for a meal and you have to be seated to enjoy their hospitality.

### The Clarendon Bakery

All the locals know it but it is now official!

Congratulations to the Clarendon Bakery which has been crowned the best in the South. 'Clarendon Bakery takes the cake in the south, voted number one in our Delicious poll'

Adelaide Now April 27, 2021

### Emprades Vintage & Design

Open Wednesday to Sunday

10am-5pm

45 Grants Gully Road,  
Clarendon

Contact Pru or Emily

8383 6217

[sales@emprades.com.au](mailto:sales@emprades.com.au)

## Clarendon Scrambles

Clarendon was on the world stage in the 1960's and early 1970's when motorbike scrambles (now termed "motocross") were held in the area now used as the Pink Gums Campground off Chapel Hill Road.

We found a slide from our parents collection dating to the early to mid-1960's.



These meetings were huge. There was "ample parking for 5000 cars provided", but that was not enough to accommodate all the crowds that descended. In its heyday, cars were lined up all the way back to Bakers Gully Road in the direction of Clarendon township and along roads out the other side towards Blewitt Springs. People climbed trees and sat on car roof tops to get a good view past the crowd gathered at the trackside.



Continued .....

In 1971 the Australian Championships were held with international competitors. This was a major event and the crowd numbered 14,800. There were other special meetings where international rides included a reigning world champion Gaston Rahier. In that period two circuits were developed: the first being a little further west of the current campground. These sites were hosted on private properties which were later purchased by the Government to add to the Onkaparinga River National Park. If you wander down the hill from the campground towards the rock-climbing cliffs, you will see the remnant of old berms and jumps that formed part of the circuit.



Gaston Rahier

It just goes to show that the rock climbers were not the first thrill seekers to frequent this special part of our world.



## Clarendon CFS News

### Something to think about

Do you consider your risk for a structure fire? There have been quite a few over the past months.

### Have you changed your smoke detector battery?

Smoke detectors are compulsory in all SA homes, but they are only useful if they are working! Now is a good time to replace them!

### Have you changed your smoke detector?

Smoke detectors should be replaced every 10 years!

### Do you have deadlocks or security screens on windows and doors?

Do you have access to the keys in an emergency?

### Do you have an escape plan for your family should your house catch fire?

Ensure all family members know at least 2 escape routes both in the day and especially at night.

We think about this time of year preparing for our upcoming fire season but do you consider your risk for a structure fire. There have been quite a few over the past month.

### Stats for the past year

I thought I would share this with you this year. Every year we get a summary of our brigade responses.



South Australian Country Fire Service		
INCIDENTS AND OTHER ACTIVITIES		
Brigade:	CLARENDON	1/07/2020 to 30/06/2021
Incident Type	No of Incidents	Person Hours
ANIMAL RESCUE	1	6
ARCING, SHORTED ELECTRICAL EQUIPMENT	1	5
ASSIST OTHER AGENCIES	3	25
BUILDING FIRE	1	10
BUILDING FIRE - STRUCTURE ONLY	1	35
DID NOT ARRIVE (STOP CALL)	1	2
DUMPSTER OR OTHER OUTSIDE TRASH	1	36
GOOD INTENT CALL	1	50
GRASS OR STUBBLE FIRE	20	988
MEDICAL ASSIST	1	4
MINOR FUEL OR OIL SPILL	1	3
MOBILE PROPERTY / VEHICLE	2	6
MOBILE PROPERTY FIRE - PASSENGER VEHICLE	1	22
OTHER ASSISTANCE	1	4
RUBBISH FIRE	2	24
RUBBISH, REFUSE OR WASTE - ABANDONED OUT	1	3
SCRUB AND GRASS FIRE	2	50
TREE DOWN	6	26
VEHICLE ACCIDENT / NO INJURY	4	42
VEHICLE ACCIDENT RESCUE	2	24
VEHICLE ACCIDENT WITH INJURIES	5	60
	58	1,424
No of Primary Responses:	27	
No of Secondary Responses:	31	
No of MA Responses in MFS Area:	2	
No of MA Responses in CFS Area:	2	
Total no of Primary Responses:	27	
Total no of Secondary Responses:	31	
Total no of MA Responses in MFS Area:	2	
Total no of MA Responses in CFS Area:	2	

### Did you know?

What the '34' or '24' that is written on the side of the tanker means? The first number tells us the number of litres the tanker can carry (ie '3' means '3000' litres).

The next number (nearly always '4') means that it has 4 wheel drive capabilities

Some tankers have a 'P' after the number and this just means that there is a larger capacity pump suitable for structure fires and incidents requiring large volumes of water

Although by definition a 'Strike Team' consists of 5 'like' tankers (ie 5 x 24s or 5 x 34's etc), a command car and a bulk water carrier. In our Mawson Group we have a combination of 24s and 34s from Seaford, Morphett Vale, Happy Valley and Kangarilla as well as our 14 and a command car and BWC.

### You are always welcome!

### Did you know we have a Cadet Program for children from 11 – 18 years?

This program is run at Kangarilla CFS and is held every Friday night from 7-9pm in the school term. Please contact me if you are interested.

We are always there every Monday night (not PH) from 6.30pm – you would always be welcome to see what we do. You can always join us – that way you would learn valuable skills to protect yourself, your family and your pets and property.

Keep safe!

Sue Leslie

Brigade Captain

0423969817

[sue.leslie@sacfsvolunteer.org.au](mailto:sue.leslie@sacfsvolunteer.org.au)

## Clarendon Bowling Club

The members of the Clarendon Bowling Club extend their deepest sympathy to the family and friends of Gerry Barton and Geoff Lewis, two of our members who passed away in July. Gerry served the club well over many years and held the position of President from 2013-2015. He was also Club Fours Champion in 2013 and Drawn Pairs Champion in 2015. Geoff was a selector for Division 5 and also organized fund raising activities such as the Clarendon Cup and the very successful Quiz Night each February with the assistance of his partner Ruth. They were colourful storytellers with Gerry's tales of travelling in his younger years, and Geoff's recollections of his football career. They will both be fondly remembered and sadly missed.



## Onkaparinga Grants Program

**This is just a quick reminder that applications for the 2022 Onkaparinga Grants program close on Monday 23 August 2021 at 12 noon.**

Under various grant categories funds are available to support a whole range of projects, programs, activities and events so for all the information and to apply please click [here](#) to visit our website. We encourage you to read the relevant guidelines to see what is available and check your eligibility but if you require any assistance please contact us by email [grants@onkaparinga.sa.gov.au](mailto:grants@onkaparinga.sa.gov.au) or phone 8384 0666 and ask to speak to one of our Grants Officers at the Onkaparinga Council

**Rebekha Sharkie MP**  
Federal Member for Mayo

*Proudly supporting the Clarendon community*

We are here to help!  
08 8398 5566  
1/72 Gawler Street  
Mount Barker SA 5251

**Doing politics differently!**

[www.rebekhasharkie.com.au](http://www.rebekhasharkie.com.au)  
Rebekha.Sharkie.MP@aph.gov.au

## Shoba is offering Yoga Classes here in Clarendon

At Clarendon Primary School  
Tuesday 9.15am - 10.15am  
Wednesday 6.00pm - 7.00pm  
Friday 9.15am - 10.15am

Contact Shoba through Clarendon Community Facebook page if you would like more information



*Living locally, selling locally.*

**Sally Jenkins**  
Property Consultant  
0418 474 642  
[sallyj@harrisre.com.au](mailto:sallyj@harrisre.com.au)

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[harrisre.com.au](http://harrisre.com.au) | RLA



## News from Josh Teague

I was delighted to be with Hon Corey Wingard MP, Minister for Transport and Infrastructure when he announced that the metropolitan rideshare boundaries will be extended to include more of the Hills. As transport services are becoming increasingly in demand, this announcement will enable Clarendon and other residents alike to explore more of the Hills, and in a safer way. This will also enable more people to visit the incredible Mount Bold Reservoir, which will be open soon too!



Richard Harvey MP – Member for Newland, Hon Corey Wingard MP, Minister for Transport and Infrastructure and Hon Josh Teague MP – Member for Heysen

**JOSH TEAGUE MP**  
**MEMBER FOR HEYSEN**

Proudly supporting and working for the  
Clarendon Community

📞 08 8339 5077  
🏠 10/14 DRUID AVENUE STIRLING  
✉ HEYSEN@PARLIAMENT.SA.GOV.AU

## Clarendon Netball Club

### News

An unfortunate pause to our season with the recent lockdown putting a halt to games just a few weeks out from finals. But thankfully we will be back to competition this week and raring to go. We look forward to seeing everyone out there again!

Well done to our Inter 1 teams playing in the Barney Memorial derby (pictured). Both teams gave their best in tough conditions and the game was played in great spirit.

Congratulations to GG on her MVP performance, it was well deserved!

We were thankful to get in our annual slow cooker night before restrictions came into play, and it was a wonderful evening for all players and their families to come together over an excellent mix of hearty, homemade meals. A lovely, relaxing evening on a cold winter's night!

For anyone looking for some cosy socks, we are holding an online fundraiser with Sockable and for every pair of socks sold via our link the club will receive \$1, and for every 100 pairs sold we get an extra \$50! If you'd like to purchase some fancy socks just jump online

here: <https://bit.ly/3InTiFd>

And lastly, it's almost time to get ready for Summer season! As soon as details are available they will be shared around, but for now start thinking about signing up for a great run-around over the Summer months.

Go Dons!

## Clarendon Primary School News

It has been a challenging start to the term with the lockdown beginning in Week 1 of Term 3.

Our teachers did an excellent job preparing resources for at home learning and our students and their families enjoyed the learning opportunities on offer.

On many occasions the at home 'learning' extended beyond school work and included cooking breakfast, splitting wood, building cubbies, gardening and caring for pets.

We felt very fortunate students were able to return after a week and spent Wednesday catching up with friends and staff.

As always, our Clarendon community has been very supportive of the challenges this time has presented to life at school.

Many events have again had to be cancelled, or postponed, however we are able to go on walking excursions so you will likely see our students out and about on the streets of Clarendon over the next few weeks.



Last week each class visited Riverbend Park for a range of activities including bridge building, water testing, nature play and the inaugural 'Potato Olympics.'

We hope everyone is well in our community and look forward to soon being open again to visitors and the community to share our learning with.

KIRSTIE K CHIRO

Gentle Chiropractic &  
Craniosacral Therapy

The Nourished Village  
56 Grants Gully Road  
Clarendon  
0419 779 465



## A bit of history – thanks Pru

We were going through some old slides the other night.

When we moved to Clarendon in 1981 this was our view from the backyard. The hillside above and around the pine trees across the road (planted by Doug and Dot Richards) was bare. No trees and no blackberries either.

Jack Parker's house was new and stood out clearly, now completely hidden behind the current owner's (Helen's & Mark's) garden. Jack grew the best veggies grown in the rich black ground by the creek.

There was still access to the sheep paddock, owned by Dean Hollitt, across the road with shearing shed and barn. The sheep were rounded up every year in the yards by the road for shearing.



*"I remember it like this too – Jack did have the best veggies and liked to sit at the end of his drive and watch the world go by"*