

December 2020 eNews

The Clarendon Community Association...

Recently the Clarendon Community Association hosted a Cultural Awareness Workshop run by the incredible Buster, Corey and Tobias Turner, representatives from the Kaurna Community.

The purpose of this event was to form a better understanding of our history from a First Nations perspective to help shape a way forward. The event was well attended by many local people. It was held at the lovely Hazel McKenzie Clubrooms – what a view of our valley!

Feedback from some who attended:

- What an unforgettable experience to be taken along the journey with the Aboriginal people.
- Participants felt a strong connection to the First Nations history through role play and interactive dialogue.
- Buster, Corey and Tobias were such compassionate Kaurna people. They believe that the positive way forward is when we all share the responsibility for taking care of the land and of each other.

The Clarendon Community Association will continue to work closely with the Kaurna people to ensure both cultures are incorporated into the Clarendon community in a respectful and meaningful way.

Riverbend Recreation Ground upgrade and next steps

The subcommittee met with Onkaparinga Council representatives to discuss options to landscape around the pavilion as well as the upgrade of the playground. This design will be sympathetic to the overall Master Plan of Riverbend Park.

The Master Plan includes replanting the pine forest, incorporating an Aboriginal Walking Trail around the Onkaparinga River and up to the Hazel McKenzie Clubrooms, upgrading the car parking facilities and ensuring safe arrivals and departures from the Recreation Ground. A design will be made available for community consultation however if you would like to be more involved please email secretary@cca.clarendon.org.au

Unfortunately, the planned Community dinner and the Clarendon Christmas Carols are both cancelled due to COVID

Community Calendar



Sunday 20th December 2020

Community Christmas Carols

This has been postponed due to COVID regulations. The CCA hope to be able to provide an alternative way to listen to the community Christmas Carols. We will keep you updated.

Clarendon rainfall summary



November 2020	19.8 mm
Days of rain	9 days
November 2019	34.0 mm
Days of rain	13 days

Year to date:

Annual rainfall 2020.	774.8 mm
Days of rain	123 days
Annual rainfall 2019.	593.0 mm
Days of rain	115 days

**Thank you to our very own
rain-man Bill Jared**

Clarendon CFS News

I really can't believe that it nearly Xmas and I am very glad that this year is nearly over! I can only hope that the fire season that was, will never be repeated but the reality is - it will at some point. Please be safe.

Incidents this month - car fire, tree down, Strike Team and an incident with a koala that had been hit by a car.

What does the Clarendon CFS do to prepare when we know a bad day is coming?

The first thing we do is start hydrating ourselves. A good guide as a minimum and if we were doing nothing at all is 1ml/kg/hr. If you weigh 80kg – you would need to drink a minimum of 80x24 – so almost 2 litres of fluid just to meet the basic needs of the body. When we are fighting fires we need to drink 1 litre per hour! We have regular snacks of glucose or high carbohydrate source such as muesli bars when we are working as well as regular snacks throughout the day. We may be on 'active standby' at the station (not always though). This means that we would have a crew at the station, dressed and ready to go. Our equipment (including our trucks) is checked every week to make sure they will work on the day. We have our pagers, and we have an 'app' that tells us who is able to respond on the day.

What should you do?

Please be ready to either leave early on days of high risk or - if you plan to stay and defend your home - you need to ask yourself if you are ready. What do I do to prepare?



Thank you so much to all our Clarendon CFS volunteers



Is your house defensible?

The CFS website 'prepare for a fire' will tell you what you need to do.

[Prepare for a fire - CFS](#)

From a physical aspect – start hydrating as soon as you get up. Have a good breakfast. Make sure you have light clothing that covers your entire body including goggles, mask and hat. Sounds crazy to wear all of this on a really hot day – but look at what we wear – it is for a reason!

Ask yourself what I would do if the:

- fire pump doesn't work on the day
- heat is so intense that it destroys hoses and pipes
- roads are blocked due to fallen trees that prevents your escape
- electricity is turned off
- phone services aren't working

PLEASE consider the physical (are you fit enough?) and the psychological impact (do you really know how loud it will be or how dark it will be?)



Clarendon CFS News continued

Do you have a bushfire kit?

Every house and car should have one.

This could very simply be put together and very useful in a bush fire emergency. You could create one for each member of the family.

Each family members' kit could contain –

- Light clothing (cotton) to cover the entire body.
- Hat
- Cotton scarf to cover nose/mouth
- Shoes and socks
- Gloves
- Bottled drinking water
- Torch with spare batteries

Another kit for the family could contain:

Battery operated

- radio with spare batteries
- Woollen blankets
- Super soaker and ladder to access 'man hole' and manage embers in roof space
- Pet supplies (dish for water/lead or harness/cage or carrier)
- Additional drinking water
- 10 buckets and 10 towels (for water at every window for ember attack)

What about a bushfire car kit?

My daughter regularly travels from Clarendon to Echunga to see her horses. The potential to get caught in a fire when traveling is possible. In her car kit I have placed

- Woollen blankets
- Torch with spare batteries
- Drinking water
- Heavy clothing/mask/goggles/hat

You are always welcome!

Did you know we have a Cadet Program for children from 11 – 18 years? This program is run at Kangarilla CFS and is held every Friday night from 7-9pm in the school term. Please contact me if you are interested.

We are always there every Monday night (not PH) from 6.30pm – you would always be welcome to see what we do. You can always join us – that way you would learn valuable skills to protect yourself, your family and your pets and property.

Keep safe!

Sue Leslie

Brigade Captain

0423 969 817 sue.leslie@sacsvolunteer.org.au

Trading hours ...



The **Clarendon General Store** spring trading hours are:

Monday – Saturday 8.30am-5pm

Sunday 8.30am-12pm

The **Clarendon Hotel** has a new spring menu. Give Hayley a call (8383 6113) to book a table at our lovely local hotel.

The **Clarendon Bakery** is operating as normal with the only change being the number of people allowed in the shop at any time due to COVID-Safe restrictions.

Opening hours are:

Tuesday to Friday 7am – 5pm

Saturday to Sunday 8am – 4pm

Emprades is open and you can visit the shop but there is a notice on the door asking that you knock or ring before entry. Emily and Pru are on site during normal opening hours so are happy to let you in. They can also arrange free delivery for local purchases.





Clarendon Ladies Team wins 'Old Bowls Day'

The McLaren Vale Patronesses Tournament was played on Monday 16th November. The conditions of play required the use of "Old Bowls" that were 20 years or more old. In the modern era where bowlers now have multi coloured uniforms and outfits, the ladies' teams were required to wear "whites" as in days of old. The Clarendon Team consisted of Lyn Taylor, Maria Price, Pam Seddon and Sonia Antic.

The girls were certainly in form, beating a local McLaren Vale team 16 shots to 5. A hearty 2 course lunch (with wine) was enjoyed after which they took on a team from Milang/Strathalbyn. Winning comfortably, 21 shots to 2, our team were the Champions for the day and took out the trophies. We're told that they were also successful and scooped the pool in the raffles. Well done team!

Active Club Program Grant Application (Successful)

The Clarendon Bowling Club is proud to promote lawn bowls by hosting the very successful Night Owls event each year. We also support local schools in running training and coaching sessions on our green. To assist in the logistics of running these events/programs, we applied for and were successful in securing a \$1,500 grant offered through the Office of Recreation, Sport and Racing. The grant will help fund the purchase a number of new sets of Henselite Bowls. The Club is most grateful for this contribution!



Clarendon Night Owls Bowls

Unfortunately, as most would be aware, current Covid-19 restrictions have put a hold on playing competitive bowls. At the time of publication, this may have changed but we will advise when we are able to return to play!

Contact Steve Dawes on 0402336581 or

steve.contractair@gmail.com.



Lyn, Maria, Pam & Sonia



Season's Greetings

On behalf of the Committee and Members of the Clarendon Bowling Club, we wish you a safe and happy Christmas and New Year. May we all return to some normality in 2021!



Recipe of the month – thank you Louise Pickford

This recipe is inspired by berry season, summer and pre silly season antioxidant goodness.

I've called this a smoothie, not a juice, because we keep all the pulp in the juice to keep the fibre. Fibre slows down the "sugar spike" juices can give you, it's great to regulate your bowel, reduce weight, cholesterol and is great food for good gut bacteria. By blitzing the fibre it makes it easy to digest and makes all the nutrients really easy for our bodies to absorb.

Red smoothie

1 small beetroot

½ cup berries

½ pear

1 lemon

A large handful of spinach

Mint

Add all the ingredients into a blender/thermomix/bullet or your equivalent with 250ml of water and a handful of ice

Blitz (for 2-3 minutes) and drink

Makes approx. 900mls



Clarendon Branch of the Agricultural Bureau

The Clarendon Branch the Agricultural Bureau has had a disruptive year with the COVID-19 regulations and protocols limiting the number of meetings. At this stage we plan to hold our annual Christmas function depending on further relaxing of regulations.



In 2021 we have a busy schedule with tours of the Clarendon Winery vineyards hosted by Bekker Wines, guest Speakers from a range of local and regional businesses and our usual History Night where we pursue the local history of Clarendon as well as the early explorers of South Australia.



On behalf of the members of the Clarendon Branch the Agricultural Bureau we wish the Clarendon Community a very Merry Christmas and a Happy New Year.

Tony Fagg

President

Clarendon Branch of the Agricultural Bureau

Clarendon Kindergarten

As the Kindergarten year wraps up, we find ourselves looking back on an interesting year. Lauren our teacher left to have her beautiful baby, Charles, and we were lucky enough to have Sharelle come in and fill her place. Our Early Childhood Worker, Alison, has been out and about finishing off her University studies to become an Early Childhood Teacher and we have welcomed Natalie, a new ECW to the centre. And of course, we found ourselves manoeuvring around home learning, lots of hand washing, social distancing and all that is COVID.

As a small centre we feel very blessed to belong to such a wonderful community. We would like to take this opportunity to say thank you to everyone who supported the Clarendon Spring Fair. Through everyone's generosity we raised \$4000, which will help us with the redevelopment of our outdoor learning space.

Over the past couple of weeks Todd and his team from TG Landscapes have been busy building a new climbing structure and slide, we hope that it will be completed by the end of the term. This building work would not be possible without the support of the community both last year and this year. Thank you.



Our new playground almost complete

While our playground has been off limits, we have spent our mornings playing and learning up at the school. The children have explored The Village, the oval and the playground space. It has been a wonderful experience for the children to build relationships with the school children and teachers, and of course see their siblings & cousins. The play space has provided the Kindergarten children with opportunities to build on their gross motor skills, resilience and persistence as they negotiate the challenging play space. Having a positive and respectful relationship with Clarendon Primary School is important to us as we work towards continuity of learning for our younger members of the community.



The monkey bars were very challenging however the children were very persistent and never gave up trying.



The children found a frog in the school sandpit. It was very exciting and interesting watching it bury itself in the sandpit

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**JOSH TEAGUE MP**
MEMBER FOR HEYSEN
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Clarendon Community
08 8339 5077
10/14 DRUID AVENUE STIRLING
HEYSEN@PARLIAMENT.SA.GOV.AU



Clarendon Primary School

Our final term at Clarendon Primary School has been filled with fun and learning.

As Terms 2 and 3 were disrupted by COVID-19 restrictions we have loaded up this term with activities usually scheduled throughout the year.

This has included camps, excursions, Sports Day and hopefully (!) our end of year concert can go ahead.

Our Year 6/7s headed to Port Vincent for a great week of aquatic activities including knee boarding, surfing, sailing, paddle boarding and kayaking.

It was a beautiful, action-packed week and plenty of us fell asleep on the bus on the drive home, Principal included! Sports Day was an unusual day without parents in attendance this year.

The students competed hard and were great sports, with Freeman claiming the trophy for the 4th year in a row!

Thank you to the Clarendon community for your support of our school.

With restrictions this year, it has been difficult to engage with our community as much as we would have liked.

Hopefully, things are different in 2021 and we can spend more time learning together next year!



Grow Free Cart



Local residents Elisa and Paul Ridings have built a grow free cart and it is now set up at the Clarendon Community Hall.

The Grow Free concept originated in Strathalbyn and now has hundreds of carts world-wide.

The motto is "Give what you can, take what you need". This is a way to make homegrown excess food, seedlings, plants and related items free and available to whomever needs them. It is a communal place that people can place their excess knowing it will be appreciated by others.

For more information visit <http://www.growfree.org.au/>



Living locally, selling locally.

Sally Jenkins

Property Consultant

0418 474 642

sallyj@harrisre.com.au

Clarendon Historic Hall and Museum

The Museum hosts a collection of the history of Clarendon and early settlers. The museum is open the last Sunday of each month 1pm-4pm.

New Museum website – come help us!

The Clarendon Museum is undertaking a large-scale project to populate our new website with written content. With almost 175 years of history, there are many stories to write about Clarendon. We have researched many subjects, people and places, but we need to transcribe this research into clear and concise copy for visitors on our website. If you have previous writing experience or would just love to be involved, email: secretary@history.clarendon.org.au

A sneaky peak at the new website

The Clarendon Community Hall has a secret past....

The Clarendon Community Hall was purchased in 1972 by the Clarendon Community for \$1500. Donations were sourced from community groups, private residents, and fundraising activities through community events.

This grand old hall has been the preferred venue for weddings, private parties, community meetings, community groups, concerts, elections, dances, markets, yoga classes and any other community activity requiring a large venue.

Before this the Hall was owned by The Rechabites

In 1906 the Independent Order of the Rechabites purchased the hall to use for their meeting hall and for hosting community events.

The Independent Order of Rechabites were a Temperance Lodge which meant among other things drinking alcohol was not permitted. This did not stop the Independent Order of Rechabites organising many community events during their ownership. Strawberry fetes were held each November as a fundraiser for their close friends from the Methodist Church. There were also concerts, dances, balls, parties, wedding receptions and public meetings.

And before this the hall was the Clarendon Cheese and Butter Factory

A meeting was held in the local Friendly Society's Hall in November 1892 and Mr James Wright stated 'he had been ventilating the matter in the district and had got the promise of considerable support from leading dairymen, and if the company was floated 130 shares would be taken up. A company was formed, and the Directors worked hard to purchase land, building, plant and machinery with a budget of £750.

The Pink Hall

While researching the Community Hall's history I came across references to the Pink Hall. Apparently, sometime in the 1960's it was painted pink. It remained pink for such a long time that it was known far and wide as the pink hall. I would love to find out more information about this era. Why was pink the chosen colour? Who owned the hall during this time? Who restored the hall back to its stately stone façade? If you have any information to share please email news@cca.clarendon.org.au

Remember the new **walking brochure** is now available at the General Store. Pick one up and go for a walk around our historic village - learning as you walk.



Community Grants Information from Rebekha Sharkie MP

My office has received confirmation from the Federal Government that the Stronger Communities Programme and Building Better Regions Fund have been renewed for early 2021.

The Stronger Communities Programme provides funding of up to \$20,000 for projects that have a positive impact on the community.

The Building Better Regions Fund offers significant grant funding through two funding streams:

- The Infrastructure Projects Stream: Supports projects that involve construction of new infrastructure, or the upgrade or extension of existing infrastructure
- The Community Investments Stream: Funds community development activities including, but not limited to, new or expanded local events, strategic regional plans, leadership and capability building activities

My office coordinates a roundup of community grants every two months and will provide updates on these programs and others as they become available. If you would like to receive email updates on grant opportunities, please email amelia.pink@aph.gov.au to be added to the list.

You can also view updates on my website here:
<https://www.rebekhasharkie.com.au/news/grants-newsletters>

Don't forget that you can also find a comprehensive list of all available and upcoming grants on Regional Development Australia's Hills and Coast Grant Finder:
<https://rdahc.grantguru.com.au/>



Rebekha Sharkie MP
Federal Member for Mayo

Proudly supporting the Cherry Gardens community

We are here to help!
08 8398 5566
1/72 Gawler Street
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www.rebekhasharkie.com.au
Rebekha.Sharkie.MP@aph.gov.au

Authorised by R. Sharkie, 1/72 Gawler Street, Mount Barker SA 5251

Clarendon Community Hall



The hall is available to hire to local residents and local community groups. Email enquiries to hallhire@cca.clarendon.org.au

Clarendon Community Association
General Meetings are held regularly and notification of these meetings will be made available. Everyone is welcome to attend.

Welcome to Clarendon

If you are new to Clarendon then we offer you a warm welcome and encourage you to become part of the local community. There is a Welcome to Clarendon booklet available at the General Store for all new residents. Please call in to see Gavin.

Clarendon website

Want to find out more about our community? We encourage you to visit the website. You may also like to join the Clarendon Facebook pages: Clarendon Neighbourhood and Clarendon Community Forum.

Clarendon History buffs

Clarendon may be small, but we have a long and interesting history. The Clarendon Historic Hall and Museum is a treasure trove of historical information and is open on the last Sunday of each month.