

### February 2021



The Christmas spirit remained strong in Clarendon thanks to the Uniting Church and Brad's artistic tech skills. Many of the community enjoyed listening to the Christmas carols in the evenings on the days leading up to Christmas Day. We came together in small groups (social distancing to keep us all safe) and contemplated the year past. So many new words in our vocabulary, much more aware of each other's wellbeing, being more home bound, taking the time to check in with our vulnerable community members and all thinking how blessed we are to live, not just in Australia but in lovely Clarendon.

### Community Calendar



Clarendon Historic Hall & Museum Meeting Tuesday 9th February -9.30am in the Historic Hall All welcome

### Clarendon rainfall summary



 December 2020......
 27 mm

 Days of rain ......
 6 days

 December 2019......
 23.8 mm

### Year to date:

Thank you to our very own rain-man Bill Jared

### Clarendon CFS News



Thank you Pru for this photo

### December/ January

This time last year we had experienced the worst fire season that I can ever remember. NSW and Queensland, Edithburgh, Cudlee Creek, Kangaroo Island and the Clarendon fire had all occurred by this time last year.

The fire at Cherry Gardens last week is a reminder that we can never be complacent.

The smoke that was visible and burnt debris that has been deposited around Clarendon is a timely reminder that we must be ready in some way or another.

### Planning to stay and defend your home?

Ask yourself if you are really ready? What do I do to prepare?

### Is your house defendable?

The CFS website 'prepare for a fire' will tell you what you need to do.

### From a physical aspect

Start hydrating as soon as you get up. Have a good breakfast. Make sure you have light clothing that covers your entire body including goggles, mask and hat. Sounds crazy to wear all of this on a really hot day – but look at what we wear – it is for a reason!

### Do you have a Home Fire Kit for every member?

Each family members' kit could contain:

- Light clothing (cotton) to cover the entire body.
- Cotton scarf to cover nose/mouth.
- Shoes and socks
- Gloves
- Bottled drinking water
- Torch with spare batteries
- High calorie glucose snacks

### If you plan to go early on the day

This is something that I thought of and would like to implement.

Leave your wheelie bin at the entrance to your property or driveway (off to one side) with a few cloths/tea towels or something tied to the handle. This will let SAPOL and us know if you have chosen to leave your home.

### Do you have a bushfire Car Kit?

My daughter regularly travels form Clarendon to Echunga to see her horses. The potential to get caught in a fire when traveling is possible. In her car kit I have placed

- Woollen blankets
- Torch with spare batteries
- Drinking water
- Heavy clothing, a mask, goggles and a hat

Please, please, please, be safe and be ready!

Sue Leslie Brigade Captain 0423969817 sue.leslie@sacfsvolunteer.org.au





Phone: **8383 7008 -** Mobile: **0418 854 486** OPEN: Tuesday to Friday 9am - 5pm Saturday 9am - 2.00pm CLOSED: Sunday, Monday & Public Holidays

Specialising in quality feeds and supplies for all animals Also Polymaster Tanks, Fencing Supplies and much more

### Another kit for the family could contain:

- Battery operated radio with spare batteries
- Walkie talkies if you have a large property
- Woollen blankets
- Super soaker and ladder to access 'man hole' and manage embers in roof space
- Pet supplies (dish for water/lead or harness/cage or carrier
- Additional drinking water
- 10 buckets and 10 towels (for later at every window for ember attack)

### Have a plan for the 'what if the:

- fire pump doesn't work on the day?
- heat is so intense that it destroys hoses and pipes?
- roads are blocked due to fallen trees that prevent your escape?
- electricity is turned off?
- phone services don't work?

### PLEASE consider the:

- physical are you fit enough?
- psychological impact do you really know how loud it will be or how dark it will be?

### I strongly encourage to all to look at the link I have provided:

https://www.cfs.sa.gov.au/site/prepare for a fire/bushfire belie f busters.jsp



Thank you Pru for this photo

The Clarendon Community thank Sue and her Clarendon CFS team for their commitment and tireless efforts to keep the Clarendon community safe and informed. The CFS crew train every week throughout the whole year. They are prepared to attend any incident or accident in our area at any time of the day or night and if needed will support other CFS crews. They leave their families and homes to keep our community safe.

They earn our endless thanks and gratitude on each occasion.

### Trading hours ...



The **Clarendon General Store** trading hours are:

Monday – Saturday 8.30am-5pm Sunday 8.30am-12pm

The **Clarendon Hotel** has a new spring menu. Give Hayley a call (8383 6113) to book a table at our lovely local hotel.

The **Clarendon Bakery** is operating as normal with the only change being the number of people allowed in the shop at any time. Opening hours are:

Tuesday to Friday 7am – 5pm Saturday to Sunday 8am – 4pm

Emprades is open and you can visit the shop but there is a notice on the door asking that you knock or ring before entry. Emily and Pru are on site during normal opening hours so are happy to let you in. They can also arrange free delivery for local purchases.



Keeping our community businesses open and safe



### Clarendon Primary School begins another year

The 2021 school year is underway at Clarendon Primary School and we are all excited to be back!

We began the term with our traditional rose ceremony where the Senior class introduce and present a rose to our beginning Reception students.

This year we have 14 new reception students joining our school community.

The ceremony began with our school's first Welcome to Country and traditional smoking ceremony from local Kaurna Elder, Uncle Tamaru.



Uncle Tamaru explained the smoking ceremony is used to cleanse the student's minds ahead of a year of learning.

He went on to share with the school community a story about the Aboriginal flag and other aspects of his amazing culture.

In 2020, a Clarendon Primary School working group created our 'Reconciliation Action Plan' with our school vision being;

"Our school community respects and values Aboriginal and Torres Strait Islander cultures and people.

We acknowledge historical injustices and inequities, and we will create a rich reconciliation experience for children embedded in everyday learning which engages the school and wider community."

Wednesday morning was a powerful and inspiring way to begin our school year.

### Grow Free Cart



Local residents Elisa and Paul Ridings have built a grow free cart and it is now set up at the Clarendon Community Hall.

The Grow Free concept originated in Strathalbyn and now has hundreds of carts world-wide.

The motto is "Give what you can, take what you need". This is a way to make homegrown excess food, seedlings, plants and related items free and available to whomever needs them. It is a communal place that people can place their excess knowing it will be appreciated by others.

For more information visit <a href="http://www.growfree.org.au/">http://www.growfree.org.au/</a>



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### Recipe of the month - thank you Louise Pickford

Now that we are back in the swing of the new year, I thought I'd share a recipe that is a staple in our household. Great for that morning coffee or for the school lunch box. The recipe has been adapted from 'detoxinista'. The key difference is that the original recipe calls for 65g of sugar and I have weaned it down to 40g...... and still weaning.... but adjust to your taste.



### **Buckwheat choc chip cookies**

(GF/DF/Vegan)

160g buckwheat flour

40g sugar (I use coconut sugar)

50g coconut oil (melted)

3 Tbs of water

1 tsp of vanilla bean paste

½ tsp baking soda

1/4 tsp fine salt

1 tsp apple cider vinegar

½ cup of dark choc chips (I use the honest to goodness ones from co-op).

### Method

- 1. Preheat the oven to 175°C and line baking tray with parchment paper.
- 2. Stir together all the ingredients.
- 3. Use a tablespoon to scoop dough and roll into balls, flatten with a fork slightly.
- 4. Bake for 10 minutes. Don't wait until they go brown. They feel very soft after 10 minutes, but they will be done.
- 5. Allow to cool at least 10 minutes before serving to firm up. Makes 14-16 cookies. Keeps well for 4 days in an airtight container.



### Farewell to John .....

John Lockett a long-time resident of Clarendon died suddenly Monday 25th January 2021.

John & his wife Carmel moved from Broken Hill with their 2 girls to live in Clarendon where they already had many friends.

John was a very clever, knowledgeable man. He made so many tools & mechanical parts on his metal lathe and so very much more. He enjoyed helping locals where-ever he could with tools, strength & know how, never asking for anything in return.

John was the go-to person, the 'Mister fix it'. He should have had an apprentice!

John - Lucy to his close friends, was a generous man, a family man, a great neighbour and a fisherman with many tall tales to keep us all entertained.

He was well loved by many and will be missed terribly. He leaves behind his wife, daughters, grandchildren & great grandchildren.

John died while on a fishing trip – a pastime he loved so much.



Thank you to Di Lamont for this tribute.....

### Riverbend Park News ... thank you Dave Clark



Riverbend Park is looking great with regular attention from Council employees and contractors weeding, cutting and checking recent plantings along the river edge. SA Water has been releasing water from pipes just below the weir. This kept the Onkaparinga flowing. The environmental flow stopped about a week ago. I think they will open the pipes again in Autumn, plus with rain the river will flow again. The aim is to replicate the natural ebb and flow of the Onkaparinga River.

The Park is well used by locals and visitors with weddings and picnics especially during the holidays and on Australia Day. Many people walk and run around the Park and it is a popular place for taking dogs for a walk.

I have noticed many small birds living close to the water. I think they are living in the bull rushes and phragmites in the river plus in the blackberry bushes below the cliffs. I am planning to do a bird count. If anyone can assist that would be great.

A number of snakes have been spotted. They generally disappear quickly. The Red Bellied Black Snake seems to be the most prevalent. Dogs and snakes don't mix. If your dog is bitten, they need to see a vet immediately. Meadows Vets are open after-hours and can be contacted on 8388 3455.



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### Clarendon Recreation Ground

The Clarendon Community
Association (CCA) Rec Ground
subcommittee have been meeting
regularly with Andy and Paul from
Onkaparinga Council to progress
major works programs at Riverbend
Park.

Andy accessed funds unexpectantly to upgrade the small playground next to the high court near the pavilion. An unexpected bonus – thank you Andy. This is still in the planning stage however we are excited by what Andy has been able to share with us so far.

The replanting of trees & shrubs on the bank alongside the oval is still work in progress. This will probably be a joint community and council project. If you would like to be involved, please let us know and we will keep you updated.

Funds have been provisioned for in previous Council budgets for landscaping work in front of the pavilion. Tentative plans include a stone retaining wall, wide steps, lawned areas for seating and viewing and small plantings on either side. The current drainage issues will also be addressed in this project.

The CCA subcommittee is working closely with Andy and Paul from the council however if you would like to either be involved or know more about any of these projects please contact the CCA via email: secretary@cca.clarendon.org.au

### **Clarendon Community**

<u>Clarendon Community Association - General Meetings</u> are held regularly, and notification of these meetings will be made available in our newsletters, website and Facebook pages. Everyone is welcome to attend. Please contact the committee via email – <u>secretary@cca.clarendon.org.au</u>

<u>Clarendon Community events</u> are also held regularly and include Community Dinners at Apple Tree Lane, the Annual Clarendon Cricket Challenge, Christmas Carols, Kindergarten and Community Spring Fair, the Anzac Day commemoration and Saturday coffee mornings (from 10am) at Apple Tree Lane.

### Welcome to Clarendon

If you are new to Clarendon, then we offer you a warm welcome and encourage you to become part of the local community. There is a Welcome to Clarendon booklet available at the General Store for all new residents. Please call in to see Gavin and collect your copy.

<u>Clarendon Community Association – keeping you informed</u>
Want to find out more about our community? We encourage you to visit the Clarendon website – <u>www.clarendon.org.au</u> You may also like to join the Clarendon Facebook pages: Clarendon Neighbourhood and Clarendon Community Forum to keep up to date with local events and community interest groups.

### Clarendon History buffs

Clarendon may be small, but we have a long and interesting history. The Clarendon Historic Hall and Museum is a treasure trove of historical information and is open on the last Sunday of each month.

### New Museum website – come help us!

The Clarendon Museum is undertaking a large-scale project to populate our new website with written content. With almost 175 years of history, there are many stories to write about Clarendon. We have researched many subjects, people and places, but we need to transcribe this research into clear and concise copy for visitors on our website. If you have previous writing experience or would just love to be involved, email:

secretary@history.clarendon.org.au



The article below was put together from articles from the Adelaide
Observer and the South Australian
Register January 1867.



New Year Days of 1867 in Clarendon was hot. The temperature was 110F in the shade which roughly translates to 43.3C.

Mrs Walton the hotel publican organised a large party for the children of the town and more than 40 children arrived not knowing quite what to expect.

One of the large rooms of the hotel had been decorated in true English manner with evergreen foliage and in the centre of the room a real English Christmas tree was suspended.

The Christmas tree was decorated with toys of all kinds. It must have been an amazing sight for these children who would never have seen such a tree.

Thankfully by late afternoon the temperature dropped to around 65F or 18C when Mrs Walton served a special tea full of delicacies the children had most likely never tasted before.

After tea each child drew a paper from a hat or something similar to take a gift from the tree. Each child went home with a toy and all children were seen to be happy. Mrs Walton was a very generous and worthy hostess and had gone out of her way to make sure every child in the town received a bit of Christmas Cheer.

Thank you Pru for sharing this story

### **Coromandel Community Centre Program**

# S:\CCC file\Quality Management\Resources\Marketing and Promotions\Centre Program Time Table\2021\Term 1 OMOO

### Classes between 10am and 2pm Introduce your baby to a world of sensory delights. Parents & babies 0 to 13 mths. Activity Room available for hire. Various times available. Contact the Centre Contact: Kelly 0427 702 564 Contact: 8370 6880 Baby Sensory

### # Art

Children's after school art class. Explore different mediums in a fun and creative environment. 6 to 8 yrs: 3.45-5pm 9+ yrs: 5.15-6.30pm SCHOOL TERM ONLY

### Pilates

Improve strength and flexibility for total body conditioning. SCHOOL TERM ONLY Session 1: 6 -7pm Session 2: 7-8pm

## Rent this Space

Activity Room available for hire.

Various times available.

Contact: 8370 6880 Contact the Centre

Contact: ACH 1800 22 44 77 1-3pm

New group-like minded readers. Expressions of Interest

Tuesday Chapters

4th Tuesday of the month 7.30-9.30pm

# Tuesday

### Carer Support

Rent this Space

Monday

Social interaction and support for those providing care. 10.30am-12pm Monthly

### Share social interaction and breakfast with peers. Men's Breakfast

Contact: 8433 9555

All ages and fitness levels 1st Tuesday of the month Join other local walkers. Meet at the Centre. Dog Walk and Talk 8.30-10.30am

9.30-10.30am

# Adult Table Tennis

Social group. Get active in a friendly atmosphere. 1-4pm

# Contact: Ros 0407 953 384

Art in Focus — ACH

Social art group. Get creative in a supportive atmosphere.

Coro Quilters

2nd Wed of the Month

Join fellow quilters in this fun coroquilters@gmail.com friendly environment.

2nd and 4th Wed of the Month

Email: info@coroalive.org.au

Phone (08) 8370 6880

### Wednesday Fitness for All

Keep fit and enjoy the friendly atmosphere of the group. Suitable for all ages and fitness levels.

### Mahjong

game in a friendly atmosphere.
All levels Welcome. Learn this ancient Chinese 9.30am-noon

### Art for Adults

Contact: Penny 0456 780 273

Experienced teacher & artist Explore various techniques and enjoy open discussion 10.15am-12.45pm

# Tea and Twine

SCHOOL TERM ONLY

Self run group sharing ideas, techniques and knowledge. 12.30-3pm

Board of Management SCHOOL TERM ONLY

# Think Quick Thursday

SCHOOL TERM ONLY

3.45-4.45pm

Be a part of the strategic and

business planning of your

community Centre.

7-9.30pm

quizzes and board games. Suitable for all skill levels. loin others for social cards All Adults Welcome

1-3pm

Coromandel Community Centre Coromandel Valley SA 5051 442B Main Road

Thursday

SCHOOL TERM ONLY 9-10am

Explore various techniques and Experienced teacher & artist. enjoy open discussion

No experience necessary New members welcome.

What would you like to learn. What does fun mean to you? Expressions of Interest 6 to 9 years

Various times and costs.

3rd Friday of the month

Expressions of interest

### Friday

# Community Playgroup

Dress appropriately for outside All Welcome Outdoor nature based fun. Share set up and pack up. OUTDOOR PLAY 9.30-11am

### Art for Adults

9.15-11.45am

SCHOOL TERM ONLY

1-4pm

### Contact: Roger 8278 5320 After School Fun

### SCHOOL TERM ONLY 10 to 14 years 3.45-4.45pm

### tea & coffee at the Centre. All ages and fitness levels. socialising with others. Free Improve your health while Walk & Talk

9.30-10.30am

# Fun Facts Friday

crosswords and conversation Join others for social quizzes, 2nd Friday of the month Expressions of Interest All Adults Welcome 9.30-11.30am

group who use public transpor and shared driving to go out and about as tourists in their CoroAlive! Social Group Join this self funded active own town.

# After School Fun

What does fun mean to you? What would you like to learn. Expressions of Interest

