

## February 2022

## **Community Christmas Carols**





For the first time the Clarendon Community Christmas Carols were held at Riverbend Park. It was a fun and relaxing afternoon, connecting with our neighbours, celebrating Christmas and enjoying a day out. Thank you to the Clarendon Uniting Church and Clarendon Community Association events committee for organising this event.

## **Community Calendar**



### Clarendon Community Association

Community Meeting – 7.30pm Wednesday 2<sup>nd</sup> March 2022

#### At Hazel McKenzie Clubrooms

All Welcome

### Clarendon Historic Hall & Museum

Committee Meeting – 9.30am Wednesday 9<sup>th</sup> February 2022

## Clarendon Agricultural Meeting

Third Thursday of each month Clarendon Community Hall – 7.30pm

#### Clarendon Tennis Club

Social Tennis is beginning soon Details will be shared on Clarendon Facebook page and at General Store

## Christmas in July

Save the date 23<sup>rd</sup> July 2022 At the Apple Orchard

## Clarendon Rainfall Summary



December 2021	2 mm
Days of rain	5 days
Year 2021 Total	751.2mm

January 2022	35.2 mm
Days of rain	7 days
January 2021	30.8
Days of rain	4

Thank you to our very own rain-man Bill Jared

## Clarendon Cricket Championship 2022









Not even the threat of Omicron could keep Clarendonites away from this year's Championship. Like the weather the completion was hot! There were some superb individual efforts on the day and it's always great to see both young and old coming together and playing their best. The batting was especially impressive this year, and a first for the Championship, two teams tied for first place, both on 43 runs, **Heather & Luke** and father and son team Glen & Max. A few ankle injuries were sustained on the 'dangerous' steep sides of the pitch. The groundskeeper has been informed and will notify Council with a list of ramifications if there are no immediate restorations. Look forward to seeing everyone out on the oval next year and thanks again to the CCA and the Onkaparinga Council for your ongoing support.

'Brad-man' Pickford CCCC (Clarendon Cricket Championship Committee)



## **Happy New Year from the Clarendon CFS**

#### Incidents this month

This month has been a busy month for the brigade. We have had a combination of vehicle accidents, bush fires, a strike team to Kangaroo Island and a series of fallen trees.

Sadly, one of fellow firefighters lost their life at Lucindale when a tree fell on to her. Louise was well known to many of us and her loss has been felt across the State. We continue to support each other and our fellow firefighters within the Mawson Group. Her death has been a timely reminder to all of us about keeping safe.

## Please stay vigilant!

The fire season is nowhere near over and you must remember to have your bush fire plan in place!

Please! Please! Be safe and ready!

#### Did you know?

Did you know that our brigade is 1 of 8 and that we belong to the Mawson Group?

Within the Mawson group we have Clarendon, Kangarilla, Blewitt Springs, McLaren Flat, Seaford, Happy Valley, Morphett Vale and the Mawson Operation Support Brigade.

Our neighbouring groups include: the Sturt (Cherry Gardens, Eden Hills, Coromandel Valley, Blackwood plus others) Heysen (Meadows, Echunga, Nairne plus others) and Kyeema Groups (Aldings, Sellicks plus others)

#### You are always welcome!

Did you know we have a Cadet Program for children from 11 – 18 years? This program is run at Kangarilla CFS and is held every Friday night from 7-9pm in the school term. Please contact me if you are interested. We are always there every Monday night(not PH) from 6.30pm – you would always be welcome to see what we do. You can always join us – that way you would learn valuable skills to protect yourself, your family and your pets and property.

Keep safe!
Sue Leslie
Brigade Captain
0423969817 sue.leslie@sacfsvolunteer.org.au



## Clarendon Op Shop is open....



How great does the new Op Shop look? Our community hall has been transformed into a bustling shop with so many treasures and bargains to be had.



Many of the community groups in Clarendon are involved and providing volunteers to open the shop Thursday, Friday and Saturdays. There is even talk that it may open on a Sunday.

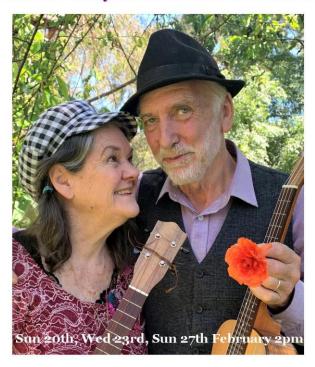


Times and days are still evolving as we work out what times best suit.



Come and support this great little shop. Volunteer your time, recycle your unwanted goods, come buy a treasure.....come and say hello!

## Adelaide Fringe February 2022 **Ukulele Love Story ... Kate Townsend & Dave Clark**



Dave & Kate love playing their ukuleles. They will sing to you at the drop of a hat. We invite you to join this intimate session in the Singing Gazebo by the Onkaparinga River in Clarendon, for a wonderful afternoon of entertainment. Bring your ukes if you wish & your voices. Strum along with a song or just sit back & listen to Kate's wonderful rendition of Sway ... or Dave with Amore ... Espresso coffee available. Covid Safe Plan.

Book with Fringe ... adelaidefringe.com.au/fringetix
Table Seating, Directions & Info ... dave@sing4you.com.au / 0413 358 618



## **Grow Free Cart**

Congratulations – 1 year on.....!



Local residents Elisa and Paul Ridings have built a grow free cart and it is now set up at the Clarendon Community Hall.

The Grow Free concept originated in Strathalbyn and now has hundreds of carts world-wide.

The motto is "Give what you can, take what you need". This is a way to make homegrown excess food, seedlings, plants and related items free and available to whomever needs them. It is a communal place that people can place their excess knowing it will be appreciated by others.



For more information visit <a href="http://www.growfree.org.au/">http://www.growfree.org.au/</a>



To celebrate International Women's Day 2022, Shoba, from Shine with Shoba Yoga and Louise, from The Nourished Village invite you to a morning of Nourishing and Nurturing our body, mind and soul in the beautiful Clarendon.

As women we often neglect ourselves to tend to our love ones. It is time to acknowledge that you deserve the time, space and tools to care for you.

Honour yourself by taking the time to join us for a women only event for all ages and abilities addressing the unique health needs of women through yoga, breath work, meditation, mindfulness & nutrition .

#### What is included:

- · A welcome drink
- · A one hour yoga practice
- Nutrition and Yoga information session for women's health
- · Breakfast (with a take home recipe)
- · Breath work
- Meditation
- Mindfulness
- Take home yoga handouts
- · And a gift

Date: Sunday 6th March

Time: 7:30am - II:30am

Where: Hazel Mackenzie Hall, Harper Road, Clarendon

Cost \$120.00

Due to current restrictions numbers are limited.

What to bring: Wear comfortable clothing, Yoga mat, water bottle, sun protection, notepad and pen.



Scan to book your tickets or call Shoba 0474 193 192







## Summer Trading Hours ....



The Clarendon General Store

Trading Hours

Monday 8am-6pm
Tues-Fri 8.30am-5pm
Saturday 8.30am-4pm
Sunday 8.30am-12pm

### The Clarendon Hotel

Enjoy beautiful meals, friendly service and great views from the balcony. Open 7 days a week however please check with Hayley on Public Holidays.

New COVID regulations mean you have to book for a meal and you have to be seated to enjoy their hospitality.

## The Clarendon Bakery

Open Tuesday to Sunday from early until about 4pm.

## Emprades Vintage & Design

Open Wednesday to Sunday 10am-5pm 45 Grants Gully Road, Clarendon Contact Pru or Emily 8383 6217

sales@emprades.com.au



#### Fruit and Nut loaf

Thanks to Louise from The Nourished Village

This lovely recipe is one from Ellie Bullen and is a GF/DF vegan loaf which is free from refined sugar and is absolutely delicious. It is great as a cake with coffee or with berries and yoghurt for breakfast.

1 cup (150g) buckwheat flour

1 tsp baking powder

1 tsp bicarbonate soda

1 tsp cinnamon

Pinch of salt

2 cups of dried fruit roughly chopped (apricots, figs, raisins, sultanas, cranberries, dates, whatever you have)

1 cup of nuts (almonds, pecans, walnuts, cashews, macadamias) presoaked the night before, roughly chopped

1/2 cup seeds (pumpkin, sunflower) pre-soaked the night before

1/4 cup extra-virgin olive oil

11/3 cups of water.

Add nuts and seeds to a jar, cover with filtered water and leave overnight to soak or for 12 hours.

Rinse nuts and seeds and roughly chop.

Preheat the oven to 180C and line the base and sides of a 20cm x 10cm loaf tin with baking paper.

Sift the dry ingredients together.

Add the dried fruit, nuts and seeds and toss to combine.

Pour in the oil and water and stir until ingredients are just combines.

Transfer mixture to preprepared tin.

Bake for 50-60 minutes or until golden on top and skewer inserted in the centre comes out clean.

Remove from the oven and allow to cool in the tin for 15 minutes, then turn out onto a wire rack and allow to cool for a further 30 minutes.

Slice and serve fresh or toasted.

Add a drizzle of honey or maple syrup if it needs sweetening.

I love it on its own, with a generous serve of organic butter or with berries and coconut yoghurt.

Store in an airtight container in the fridge for up to 10 days.





Social Tennis is returning to Clarendon. Keep an eye out on the Facebook pages and at the General Store for more details.

Contact Kookie on 0418 513 302 <u>clarendontennis@gmail.com</u> for more details



#### **Clarendon Community Association**

Community Meeting – 7.30pm Wednesday 2<sup>nd</sup> March 2022

#### At Hazel McKenzie Clubrooms

We invite everyone to come to this community meeting to catch up on our plans for 2022 and have a say in the future of Clarendon.

Find more about:

- Clarendon Op Shop
- Community events planned for this year
- Landscaping the front of the community hall
- Projects for Riverbend Park and the Recreation Grounds
- Find out how you can become involved



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#### Clarendon Netball Club News



The Clarendon Netball Club is starting to prepare for our winter 2022 season. We will be hosting trials on both the Sunday 13th February and Sunday 20th February at the Clarendon courts and all are encouraged to attend. Council have also advised that our courts will be getting resurfaced in early March in preparation for our winter season beginning at the end of April.

## Have you noticed our newest signs??

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## **MEET, GREET, TRY & TRIAL**

## WHEN: SUNDAY 20TH FEBRUARY WHERE: CNC HOME COURTS

Meet Donnie and our CNC Committee

MEE







#### **GREET**

Come and try clinic for 9&U players

The clinic will be held from 9.30am - 10.30am and i will be a great opportunity to have lots of fun and gain some netball skills. Opportunity for all our new and existing junior players to grab a sausage and meet some of our coaches & players.



# K X

#### Visit our uniform coordinator to get set for the seaso

Opportunity to place orders for uniforms, clothes CNC merchandise. New this season, unisex tank to & shorts available (as shown) Please note that a 50's deposit is required for uniforms and full payment required for clothes & merchandise orders. Bring ar 2nd hand uniforms you no longer need and we wis sell them for you



#### TRIAL

8am to 10am - 11&U and 13&U 10am to 12pm - Inters 6pm to 8pm - Seniors



Please ensure to register through PlayHQ prior to trials



## But where is our Royal Oak Hotel & Museum??

Clarendon has been blessed with two brown tourism signs at either end of the the town entrances.

What we want to know is where is the Royal Oak Hotel? The Royal Oak Hotel has been part of Clarendon life since 1844. A great venue for food, wine, meeting with friends and neighbours and known far and wide as a great gathering place. The Royal Oak Hotel also provides accommodation. We would like to know why the Royal Oak Hotel and Historic Hall & Museum were not considered worthy?

## Proposed landscaping at the Clarendon Community Hall

The Clarendon Community Association has been discussing and planning for some time to upgrade the front of the Clarendon Community Hall.

### Reasons include:

- Creating an aesthetically pleasing entrance to this gorgeous building
- Creating a safe entry to the Kindergarten for our littlest community members
- Formalise the car parking
- Deterring buses from using this space as a turnaround
- Designing a lovely outdoor space for community events
- Creating an indoor and outdoor space for the Community Centre and Op Shop

Stage one: Curbing, formalise parking, asphalt carpark and install ramp to kindy entrance

Stage two: Lawn, irrigation and plantings – including earth works

Stage three: Covered deck and veranda entrance

Do you like what we have designed?

Would you like to add something or suggest a change?

We'd love to hear from you or better yet, come to the Community Meeting in March where we will be discussing this further

