

March 2022



The Clarendon Community Op Shop has taken over \$14,000 in sales since opening in October. Of this \$8,000 has already been distributed to participating groups and clubs in Clarendon. We anticipate another dividend will be paid out early April.

There are currently 35 people volunteering their time to work in the shop, sorting through clothes and items, cleaning and displaying goods in an aesthetically pleasing way or working in the background to ensure we have high quality products to sell, organising rosters or preparing financial statements and policies and procedures. All volunteers are formally inducted and are treated as if they were employed in a paying job.

The Op Shop has received some great reviews so far and all feedback is taken onboard.

A focus of the Op Shop is to not only receive second-hand goods but to also ensure that all items are recycled responsibly. This means that goods not suitable for the Clarendon Op Shop have been passed along. To date only one rubbish bin of landfill waste per week has been needed.

There is a strong alliance with other local Op Shops. Unwanted goods are also sent to homeless shelters, animal shelter or treasure boxes are made up as well as many (many!) other options.

The Op Shop is providing a community service, connecting community members and its financial success ensures that local clubs and groups are benefiting from this.

Would you like to become involved? Do you have goods to donate? Come and visit us at the Clarendon Community Hall, 82 Grants Gully Road, Clarendon or email opshop@clarendon.org.au

Community Calendar



Clarendon Community Association
Committee Meeting – 7.30pm
Tuesday 5th April 2022

Clarendon Historic Hall & Museum
Committee Meeting – 9.15am
Wednesday 9th March 2022

Open Sunday 27th March 2022
1pm-4pm – all welcome

Clarendon Agricultural Meeting
Third Thursday of each month
Clarendon Community Hall – 7.30pm

Christmas in July
Save the date - 23rd July 2022
At the Apple Orchard
Details to be shared at a later date

Clarendon Rainfall Summary



February 2022..... 7mm
Days of rain 5 days
February 2021 42.2
Days of rain 12 days

Year to date 2022..... 46mm
Days of rain 5 days
Year to date 2021 76.8mm
Days of rain 9 days

**Thank you to our very own
rain-man Bill Jared**

A Tribute to Muriel Smart

Our Clarendon community was shocked and saddened to hear of the sudden death of Muriel Smart

in January at the ripe old age of 90 years. "I've got the damn Covid!" she said. And that was it.

Muriel had an amazing life.

Muriel gave generously of her time and talents to the Clarendon community all her life.

She was born in 1931 at Goolwa, one of 10 children.

When she was 7 her family moved to Clarendon, and this was to be her lifelong home.

She went to Clarendon Primary School, then worked at Actil where she was presented with a gold plate for her 21st birthday.

Muriel worked hard all her life – milking cows, trapping rabbits, grape picking, and of course in her kitchen where she produced the legendary scones, jelly cakes, creampuffs, trifles, biscuits and more for which she became renowned. She made jams bottled fruit, pickles and sauces- nothing was wasted.

Muriel married Peter Smart in 1952 and over the years 4 children arrived. Her life wasn't always easy, but she met her troubles and disappointments with stoicism.

Muriel made an enormous contribution to our community at Clarendon and worked tirelessly for local organisations. If there was a something to be done you could always count on her to help.

She served on the Clarendon Primary School Welfare Club, and the CWA where she excelled at crafts and learned to ice the beautiful fruit cakes that she was to make and donate all her life. She made wedding cakes, birthday cakes, Christening cakes and cakes for prizes. She iced literally hundreds of Easter Eggs for retail outlets and as gifts for friends. She just loved to bake for us all.

Muriel was an enthusiastic bowler. She was busy on the green, busy in the kitchen and busy in management. She served as President, Secretary and Treasurer at different times and was a lifelong member of the bowling Club. She starred on the green with many trophies and was still bowling at the ripe old age of 80. She won an award from Bowls SA for 50 years continuous service and a Super Veterans award for still bowling when she was 80. She would entice anyone she could to join the club and made it incredibly hard to say no.



Muriel was awarded Life Membership of the Clarendon Cricket Club, the Clarendon Senior Citizens Club and Meals on Wheels.

She was recognized by our CFS and was a finalist in the Council Every Generation Award.

She belonged to the Historic Hall Committee and was passionate about the RSL and Anzac Day and made dozens of red poppies for our Memorial. On Anzac Day her oven would power away producing dozens of delicious treats for morning tea. She would ice some of her cup cakes with red poppies. A regular church goer she had her own special seat, and we knew not to sit in it. She made delicious morning teas for us all to enjoy and one of her decorated fruit cakes for the many birthdays.



Muriel was sociable, interested in everything, incredibly generous with her time and talents, called a spade a spade, loved the colour purple, enjoyed a joke, liked her hair to be just so, and barracked for Port Adelaide and Meadows Football Clubs.

She insisted that tablecloths must be put on straight, and if you didn't get the jam and cream on scones to her liking then don't bother- she would do it herself.

She loved her large family and was proud of them all - children, grandchildren and great grandchildren and followed their lives with interest.

Even in her last weeks at Estia until her hand gave up she was busy knitting squares for rugs and booties for the families of the staff.

Your hands are now still. We thank you Muriel and we miss you.

Rest in Peace.

Thanks to Jo Horsnell for this beautiful tribute

Clarendon Primary School welcomes Regan!



Clarendon Primary School has a new school principal! Regan Birrell who has been a teacher at the school for 5 years has won the role. Last year, she worked with the Department for Education Local Education Team as a Curriculum Coordinator and has returned to the school as principal for the next 5 years. She is the first ever female principal and is looking forward to working with the community and of the course, the kids! If you see her around town, please feel free to introduce yourself.

The school has been lucky enough to have a court upgrade of the sports court. The court has completely new foundations, new base, surface and new paint and is now crack-free and ready for some games. Feel free to come into the school and use the courts outside of school hours- just leave the school as you found it, if not better!



Clarendon Primary School will be hosting a polling booth for the State Election. We may also have a BBQ fundraiser if we can get enough volunteers- fingers crossed.

Clarendon Primary School would like to send a huge thanks to all of those fabulous Op-Shop volunteers for their hard work and community spirit. We will be using the \$800 to purchase a school-wide communication tool/app to keep parents informed of school and student information.

Clarendon Op Shop is open....



How great does the new Op Shop look? Our community hall has been transformed into a bustling shop with so many treasures and bargains to be had.



Many of the community groups in Clarendon are involved and providing volunteers to open the shop Thursday, Friday and Saturdays. There is even talk that it may open on a Sunday.



Times and days are still evolving as we work out what times best suit.



Come and support this great little shop. Volunteer your time, recycle your unwanted goods, come buy a treasure.....come and say hello!

Come visit us at Hazel McKenzie Clubrooms



....to come and try out
Tuesday activities at the
Clarendon & Districts 50's Plus Club
Hazel McKenzie Hall, Harper Road, Clarendon
9.30am -2.30pm
Indoor bowling, cards and games, pool table, darts etc
Bring your own lunch – tea and coffee supplied



Monday: Yoga 9.15am -10.15am
Enquiries: 0474 193 192

Tuesday: Normal meeting activities 9:30am—2.30pm

Wednesday: Every Wednesday, quilting & sewing group
Enquiries: 8383 7278, 0412 822 875 or 0422 531 030

Friday: Line dancing 10:00am—12 noon
Enquiries: 0401 606 270

Other times: Available for hire
Enquiries: 0418 806 738 or
Secretary; geoff.beaty@optusnet.com.au
Special rates for Local Social & non-profit organisations

- Looking for a venue for your next function or meeting?
- Looking to connect with people from the local area?
- Looking to join in with some planned activities?

Look no further!



Autumn Trading Hours



The **Clarendon General Store**

Trading Hours

Monday 8am-6pm
Tues-Fri 8.30am-5pm
Saturday 8.30am-4pm
Sunday 8.30am-12pm

The **Clarendon Hotel**

Enjoy beautiful meals, friendly service and great views from the balcony. Open 7 days a week however please check with Hayley on Public Holidays.

New COVID regulations mean you have to book for a meal and you have to be seated to enjoy their hospitality.

The **Clarendon Bakery**

Open Tuesday to Sunday from early until about 4pm.

Emprades Vintage & Design

Open Wednesday to Sunday

10am-5pm

45 Grants Gully Road,
Clarendon

Contact Pru or Emily
8383 6217

sales@emprades.com.au



News from Josh Teague's Office

A lot is happening at Mount Bold Reservoir. The much-anticipated lookout is now open, offering absolutely stunning panoramic views of the beautiful Hills we all call home. I encourage everyone to get over there and have a look for yourself!

Additionally, to the lookout, there are areas at the Reservoir for picnicking, walking trails for walkers of all experience levels available to enjoy, and even plenty of trails to spot some of the 160 native animals calling Mount Bold Home.

The recreational access to our beautiful reservoir is enabled by the government's hugely popular *Opening up our Reservoirs* policy. This policy has seen Bundaleer, Myponga, South Para and Warren reservoirs reserves open for fishing, kayaking, walking and cycling. Beetaloo Reservoirs Reserve is open for fishing and picnicking and Hope Valley Reservoir is open for land-based activities including walking, running, cycling and picnicking.

If you would like to hear more about this policy, or perhaps would like to suggest what other activities should be available at Mount Bold, please feel free to contact my office.



Grow Free Cart

Congratulations – 1 year on.....!



Local residents Elisa and Paul Ridings have built a grow free cart and it is now set up at the Clarendon Community Hall.

The Grow Free concept originated in Strathalbyn and now has hundreds of carts world-wide.

The motto is "Give what you can, take what you need". This is a way to make homegrown excess food, seedlings, plants and related items free and available to whomever needs them. It is a communal place that people can place their excess knowing it will be appreciated by others.



For more information visit <http://www.growfree.org.au/>



As our season draws to a close, we congratulate all four pennant sides who have progressed to the finals. Division 2 finished top of the premiership ladder following an extremely successful season. Division 4 slipped to second spot after holding first position for most of the season. Division 5 fought back to achieve fourth position whilst the ladies' team finished third and have since won their first semi-final. They will contest the preliminary final on Thursday 3rd March. This is an extremely pleasing result for such a small club and all our players are to be commended.

Another quick update, the ladies won the preliminary final today and play in the grand final next Thursday against Strathalbyn at Willunga.

Congratulations also to our club champions who will compete against other club champions for the title of Great Southern Bowling Association "Champion of Champions". The pairs, mixed pairs and singles will be played during March, and so far, both Clarendon's men's and ladies' triples teams have progressed through to the grand final to be played on 27th March. We are extremely fortunate to have such talented players representing our club and wish them all the best in their tournaments.

As with all other clubs and business, we have felt the effects of restrictions imposed due to Covid-19, and have recently introduced a "no jab, no play" policy, which our members quickly embraced so that the season could continue with as little disruption as possible. The club also extended entry restrictions to include social bowlers, night 'owlers', contractors and visitors, and we are pleased to advise that the club has continued to operate smoothly and efficiently.

We take this opportunity to thank our players, Board of Management, volunteers, sponsors and supporters who have helped to make 2021/22 such a successful season and look forward to their continued support in 2022 and beyond.



CFS News

You are always welcome!

Did you know we have a Cadet Program for children from 11 – 18 years? This program is run at Kangarilla CFS and is held every Friday night from 7-9pm in the school term. Please contact me if you are interested.

We are always there every Monday night (not PH) from 6.30pm – you would always be welcome to see what we do. You can always join us – that way you would learn valuable skills to protect yourself, your family and your pets and property.

Keep safe!

Sue Leslie

Brigade Captain

0423969817

sue.leslie@sacsvolunteer.org.au



Living locally, selling locally.

Sally Jenkins

Property Consultant

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**KANGARILLA COMMUNITY
AND FAMILY FUN DAY**
Provided by The Kangarilla Progress Association

**MARKET STALLS , CAR BOOT SALE, FOOD VANS
FUN AND GAMES!!**

Kangarilla Oval 9am to 2pm
Sunday March 20th 2022
Free Entry and Parking!

Devonshire Tea / Sausage Sizzle / Jumping Castle
Petting Zoo / Pony rides




**SELL YOUR UNWANTED ITEMS FROM YOUR
CAR BOOT (FUNDS GO TO KANGARILLA PRIMARY SCHOOL)**

OR

**SELL YOUR GOODS OR PROMOTE YOUR SERVICES (FUNDS
TOWARDS THE EVENT)**

Contact Sue Davitt on 0416 045 641 to book a car boot space or register a stall or exhibit

CITY OF KANGARILLA



SVCC
Death Cafe
**"Life and Death
Conversations"**

Free Community Event

Monday 11th April 2022 - 6pm-9pm
Institute Hall, McLaren Vale

Wednesday 18th May 2022 - 10am-1pm
The Hub, Willunga

Thursday 15th September 2022 - 12.30pm-3.30pm
Institute Hall, McLaren Vale

Tuesday 18th October 2022 - 6pm-9pm
The Hub, Willunga

For more information, and to book, go to
Eventbrite and type in
'Death Cafe'
Or contact Deb on 0417466100
or admin@lilley-cmc.com.au

Netball News

After a much-needed break over the Christmas holidays our summer netball teams have recommenced games and are doing well.

We are in the thick of planning for our winter 2022 season that will run from Saturday 23rd April until Saturday 3rd September with teams starting to train soon.

Most recently we held our winter trials and our Meet, Greet, Try and Trial Day. We had a clinic for the 9&U players and Donnie made a special appearance.



Our lovely sponsors also provided some info and goodies and our sponsorship coordinator gave some lucky parents a gift bag on the day.

Sponsorship Coordinator with her display from the trial day.





Chia Pudding

This chia pudding recipe is a very plain, simple recipe and can be adapted very easily to suit your tastes by adding extra to the pudding or by topping your pudding with added extras prior to eating it. This is a great breakfast option as it can be prepared the day before for a quick easy grab and go breakfast. This Chia pudding is packed with protein, omega 3 fatty acids and fibre, vital for women health.

Ingredients

3 Tbsp chia seeds
1 Tbsp hemp seeds
1 Tbsp linseeds
½ tsp cinnamon
1 tsp of vanilla
1 cup coconut water/ or milk of choice (I use almond milk).

Optional:

Add sweetener like maple syrup or honey (to taste).
Add 1 tsp raw cacao to create a chocolate chia.

Method

1. Add all the ingredients to a 300ml jar.
2. Stir until well combined.
3. Leave in the fridge for 6 hours or overnight.
4. Top with your choice of toppings.
5. Enjoy!

Tips

Any of the following can be added when you prepare your pudding or added on top fresh just before eating:

Fruit (berries, banana, apple, pear, fig)
Nuts (almonds, pecans, walnuts, macadamias)
Nut butters (almond, cashew, peanut)

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Emergency Preparedness & Resilience Workshop Information

You may recall from an earlier newsletter the City of Onkaparinga were successful in applying for a Disaster Risk Reduction Grant through SA Fire & Emergency Services Commission (SAFECOM). Over an 18-month period, council staff will work directly with two communities to build community emergency preparedness and resilience for disaster and emergency incidents. We are working with the Australian Red Cross to deliver three information sessions for people who are interested in progressing emergency resilience and recovery work. These sessions will support us as a community to work together to be more prepared and to recover from emergencies or disasters. These information sessions are for groups, organisations, businesses or individuals who are keen on supporting and building emergency preparedness and resilience in their communities. Staff will engage with people who are already involved in resilience initiatives, who are looking to be involved or who are simply concerned about the impact of a disaster.

Wednesday 9 March 2022, 6.30pm – 7.30pm – Clarendon - Hazel McKenzie Hall

<https://www.eventbrite.com.au/e/onkaparinga-disaster-resilience-information-sessions-with-red-cross-tickets-271799318077>

The Clarendon Community Association will be sending a representative to this meeting however we encourage any interested people to come along as well.