

May 2022

Clarendon Community Commemorates Anzac Day



A moving & informative light show and film on Australian War Nurses was displayed at the Clarendon Historic Hall & Museum in the evenings leading up to Anzac Day – well done Brad Pickford from Clarendon Museum



Clarendon's own Nicky Richards

Community Calendar



Clarendon Community Association Committee Meeting – 7.30pm Tuesday 7th June 2022

Clarendon Historic Hall & Museum May is history month

Open Wednesday 11th May 2022 Open Sunday 29th May 2022 12pm-4pm – all welcome

Clarendon Agricultural Meeting Third Thursday of each month

Hazel McKenzie Hall – 7.30pm Christmas in July

Save the date - 23rd July 2022 At the Apple Orchard Details to be shared at a later date

Clarendon Rainfall Summary



April 2022	18.2 mm
Days of rain	8 days
April 2021	28 mm
Days of rain	9 days
Year to date 2022	72.2 mm
Year to date 2021	137 mm

Thank you to our very own rain-man Bill Jared



















Clarendon Primary School

Clarendon Primary School had two of our favourite days in the last few weeks of last term - our annual Sport's Day and Nature Play Day.

Sport's Day was incredibly fun (and competitive) and it was so good to have families back on site to enjoy the day with us. Students participated in sprints, relays, high-jump and long-jump, games, tug-of-war and so much more. House Captains led the team cheers and dances, with the cheers so loud you may have heard them bouncing down the river! For the first time in 13 years, O'Neill house won the day! Thanks, so everyone who helped set up and pack down - it was a real success.

Our first Nature Play Day of the year was held on the last day of school for the term. It is a day for classroom doors to be shut and students spend the entire day outside in nature. Students build cubbies, participate in nature-based craft and games, eat lovely school-made wood-fired pizzas, go on walks to the Goblin Cave and generally have a good time. We finished the day with a slip and slide down the hill and some corn-on-the cob treats. We hope to maybe have a mudslide in the winter months.

A huge thank-you to those who volunteer and shop at the Clarendon Op-Shop. We will update you next time on what we have spent the money donated by the Op-Shop on.

Clarendon Op Shop Update

The Op Shop has been a huge success so far and we thank all of the 41 volunteers from the local community groups for making this possible. Sales in April alone exceeded \$6500 with a massive \$15,000 being distributed so far to our local community groups. These dividends are paid out quarterly and have been paid out up to the end of March.

Would you like to become involved? It is a lot of fun, and you get to work and meet lots of different people in the shop. Not so keen to serve? That is no problem as there are so many other jobs to do – sorting, tidying, cleaning, chatting to visitors and bringing a friendly welcome to our Community Op Shop.

Come and support this great little shop. Volunteer your time, recycle your unwanted goods, come buy a treasure.....come and say hello!



Clarendon Op Shop



How great does the new Op Shop look? Our community hall has been transformed into a bustling shop with so many treasures and bargains to be had.



Many of the community groups in Clarendon are involved and providing volunteers to open the shop Friday, Saturdays and Sundays.



Working bees are organised regularly to keep on top of all the donations. Speak to Gavin at the General Store if you would like to be involved.



A place to connect with community, a place to feel welcome, a place to feel the community spirit, a place to shop and a place to find a treasure.....

Clarendon Netball News

Winter season 2022 has commenced and we have 18 teams competing. We started with a huge opening Anzac round at the newly refurbished Southern United Netball Association (SUNA) courts and members of our club then hosted our annual BBQ at the Anzac Day Service in Clarendon.

This season our A1's, A2's and top Inter 1 team are all proud to wear training shirts displaying our Gold Sponsors D&G Radford, Sally Jenkins Harris Real Estate and Beach Hotel Seaford. I have attached a picture of our A1 team wearing their shirts.

Our first home round of the season will be this Saturday 7th May and would love to see you there.



Thank you to the Clarendon Netball Club for the early morning breakfast on Anzac Day. Lovely food and friendly people to serve you & chat to...



Autumn Trading Hours



The Clarendon General Store
Trading Hours

Monday 8am-6pm
Tues-Fri 8.30am-5pm
Saturday 8.30am-4pm
Sunday 8.30am-12pm

The Clarendon Hotel

Enjoy beautiful meals, friendly service and great views from the balcony. Open 7 days a week however please check with Hayley on Public Holidays.

New COVID regulations mean you have to book for a meal and you have to be seated to enjoy their hospitality.

The Clarendon Bakery

Open Tuesday to Sunday from early until about 4pm.

Emprades Vintage & Design

Open Wednesday to Sunday 10am-5pm 45 Grants Gully Road, Clarendon Contact Pru or Emily 8383 6217

sales@emprades.com.au



Thanks to Louise for sharing this recipe





Red lentil Curry

This red lentil curry is my take on a masala. It is super tasty, nourishing and great for that meat free meal.

Ingredients

I Then coconut oil I small onion, diced 2 garlic cloves, minced I inch fresh ginger, minced I red chilli, finely copped I tsp ground cumin I tsp garam masala 1/4 tsp corlander powder I tin chopped tomatoes I tsp salt One tin coconut milk or cream I cup red lentils I large carrot, finely chopped 1/2 red capsicum, cut into strips 3 large handful of greens (snow peas, broccoli, botchy, beans)

Method

- In a large pan, heat the oil, sauté the onions until soft.
- Add in garlic, ginger, chilli, cumin, garam masala, coriander and cook until fragrant.
- Add in tomatoes and salt, scrapping the bottom of the pan to lift off any of the stuck on spices. Cook until tomatoes soften and liquid is reduced.
- Add in coconut milk and ½ cup of water. Bring to the boil. Add in the lentils, carrot and capsicum.
- Reduce the heat and cook until lentils are tender (approx 30 minutes).
- Turn off heat, Stir in green veggles and let them soften for 5-10 minutes.
- 7. Serve with grain of choice.

Tips

Serve with rice, quinoa, buckwheat groats or have it on it's own!

@2021 The Nourtshed Village

JOSH TEAGUE MP MEMBER FOR HEYSEN Proudly supporting and working for the Clarendon Community © 08 8339 5077 10/14 DRUID AVENUE STIRLING HEYSEN@PARLIAMENT.SA.GOV.AU

Grow Free Cart



Local residents Elisa and Paul Ridings have built a grow free cart and it is now set up at the Clarendon Community Hall.

The Grow Free concept originated in Strathalbyn and now has hundreds of carts world-wide.

The motto is "Give what you can, take what you need". This is a way to make homegrown excess food, seedlings, plants and related items free and available to whomever needs them. It is a communal place that people can place their excess knowing it will be appreciated by others.



For more information visit http://www.growfree.org.au/

Clarendon CFS News

Incidents over the past few months

A few MVA's but otherwise fairly quite overall. We are very fortunate to have not had any significant bushfires.

Bulbs

We have planted some more bulbs. Many thanks to the lady who gave us some bluebells! We will wait and see what happens!

Something to think about?

Even though fire season is coming towards an end – don't forget that our weather patterns are such that the bushfire risk is still there. Please make sure you are still prepared.

Autumn is upon us and the air is getting colder - consider your risk for a structure fire.

Have you changed your smoke detector battery? Smoke detectors should be replaced every 10 years! Smoke detectors are compulsory in all SA homes, but they are only useful if they are working! Now is a good time to replace them!

Do you have deadlocks or security screens on windows and doors? Do you have access to the keys in an emergency?

Do you have an escape plan for your family should your house catch fire? Ensure all family members know at least 2 escape routes both in the day and especially at night.

Burning in the Open

As the conclusion of fire season is very close – please make sure that you are able to burn in the open. This link will tell you if the zone you are in permits this.

<u>Burning permits and fire management City of Onkaparinga</u> (onkaparingacity.com)

This link will tell you what you can and cannot burn and what precautions you need to take.

Fire Management City of Onkaparinga (onkaparingacity.com)

You are always welcome!

Did you know we have a Cadet Program for children from 11-18 years? This program is run at Kangarilla CFS and is held every Friday night from 7-9pm in the school term. Please contact me if you are interested.

We are always there every Monday night (not PH) from 6.30pm – you would always be welcome to see what we do. You can always join us – that way you would learn valuable skills to protect yourself, your family and your pets and property.

Keep safe!

Sue Leslie

Brigade Captain

0423969817

sue.leslie@sacfsvolunteer.org.au

Clarendon & Districts 50's Plus Club

Hazel McKenzie Hall

Harper Road, Clarendon



An invitation to all those over 50 years – come along to:

Monday

Yoga; 9.15 --- 10.15

Phone Shoba: 0474 193 192

Tuesday

Normal meeting activities 9.30am – 2.30pm

Indoor bowling, cards and games, pool table, darts etc.

Bring your lunch — tea and coffee supplied

Wednesday

Every Wednesday, quilting & sewing group

Enquiries: 8383 7278, 0412 822 875 or 0422 531 030

Friday

Line dancing 10:00am—12 noon. Enquiries: 0401 606 270

Saturday & Sunday

Available for hire

Enquiries: 0418 806 738 or email the Secretary

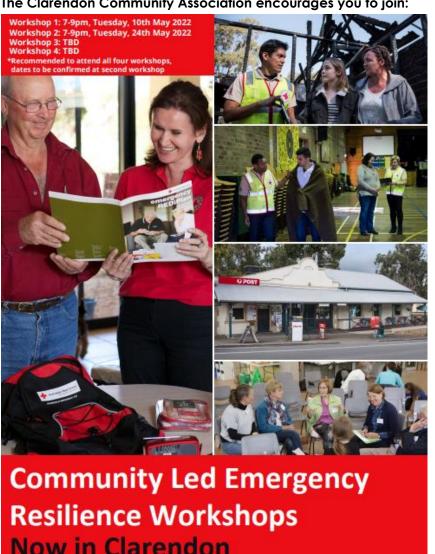
geoff.beaty@optusnet.com.au

Special rates for local social & non-profit organisations





The Clarendon Community Association encourages you to join:



Now in Clarendon



Emergencies, of all kinds, have wide-ranging, varied and complicated impacts that individuals, families and communities must cope with, often for many years.

A community led emergency resilience approach seeks to bring communities together through local connections and networks, empowering them to identify and take local actions which are owned by communities themselves. These workshops adopt a whole community approach engaging individuals, community groups, local businesses and local government to co-create actions, plans and resources to respond and recover from emergencies.

/enue: Hazel McKenzie Hall, 30 Harper Road, Clarendon Workshop 1: 7 - 9 pm, Tuesday, 10th May 2022 Workshop 2: 7 - 9 pm, Tuesday, 24th May 2022

Workshop 3: TBD Workshop 4: TBD

decommended to attend all four workshops, ates to be confirmed at first workshop

or more information contact: Mark Ashenden: 0418 106 177

Priah.Dean: 08 8301 7221 0414 289 271



Clarendon Agricultural **Bureau News**

The Clarendon Branch of the Agricultural Bureau April 2022 meeting was hosted by me as our guest speaker from DEW/Green Adelaide/Landscapes SA did not confirm. Instead, I provided some videos on valuable Australian coins and what to look for in trying to find coins that have been put into circulation with faults.



For example, coins that have been produced with two heads, different font styles than the rest of the coin and accidental over stamp with the outline on a ten-cent coin overlayed when stamped on a twenty cent coin.

In addition to the night, I brought my collection of pennies, round fifty cents, half-pennies and various coins from around the world.

Tony Fagg President Clarendon Branch of the Agricultural Bureau



STRONGVIBRANTONMUNITIS

Social Supermarket Pop Up Co-design

Opportunities for learning and skill development Affordable nutritious food and groceries

Reconnection to food

Social connections

Access to wrap around services and supports



Want to know more?

Interested in partnering with us to host some pop ups in our community?

We invite you join us for a co-deign session where we will explore what a Social Supermarket pop up could look like and what each of our organisations could contribute.

WHEN: Monday 16 May

1:00pm-3:00pm

WHERE: Civic Area

Ramsay Place, Noarlunga Centre



To RSVP or for further information, please contact Linda Enright, Healthy Lifestyle Officer, linda.enright@onkaparinga.sa.gov.au. Ph: 0414 647 711

Clarendon Recreation Ground Upgrade

Members of the community will be invited to provide feedback online by visiting our Your Say Onkaparinga website, we will also be holding an evening drop-in

session:

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Day: Thursday, 12 May 2022

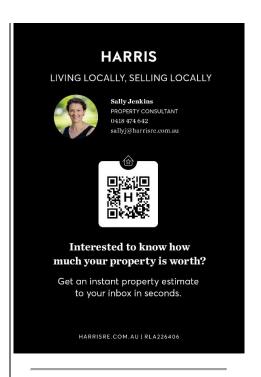
Time: 4.30-6.30pm

Location: Clarendon Bowling Club



Clarendon Recreation Ground Upgrade

Upgrade plans for the Clarendon Recreation Ground are now available for consultation.



The City of Onkaparinga is looking to commission an artwork recognising an 'event, activity, or occasion of significant importance to our city's history' that has, or will occur during 2022.

For council to make an informed decision as to what to commission we have designed a simple 60 second survey to collect this information.

Please click on the <u>link</u> for the survey.

Survey closes Sunday 15 May, 5pm.

